

The ***St. Joseph County Resource Guide*** is intended to provide information on health and human services available through non-profits and governmental bodies in St. Joseph County, Michigan. Each page is a separate subject and is broken down into categories of need.

## Information to access the following services in St. Joseph County:

- [COVID-19 Resources](#)
- [Adult Literacy pg. 3](#)
- [Children’s Literacy pg. 4](#)
- [Disability Resources pg. 5](#)
- [Domestic Violence & Sexual Assault pg.6](#)
- [Early Childhood pg. 7](#) (*Childcare, Development, Pre-school*)
- [Emergency Assistance pg. 8](#)
- [Financial Services pg. 9](#)
- [Food Pantries \(must be resident of town\) pg. 10](#)
- [Food Resources & Meals \(no residency requirements\) pg. 11](#)
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- [Mental Health pg. 20](#)
- [Mental Health –Psychiatric & Counseling Providers pg.21](#)
- [Parent Resources pg.22](#)  
(*Playgroups, Parent Groups, Classes, Car Seat Inspections, etc.*)
- [Police/Fire/Ambulance pg. 23](#)
- [Prenatal/Obstetrics pg. 24](#)
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- [Veterans Benefits pg. 34](#)
- [Volunteerism pg. 35](#)
- [Women’s Health pg. 36](#)
- [Workforce Development\(Employment & Training\)pg. 37](#)
- [Youth Services– School Districts pg. 38](#)
- [Human Services Commission & Task Forces pg. 39](#)
- [Human Services Calendar pg. 40](#) *Lists human service events & activities taking place in St. Joseph County.*

692 E Main St, Centreville, MI 49032  
Email: [StJosephCountyHSC@gmail.com](mailto:StJosephCountyHSC@gmail.com)

For more information and resources:



**“Live” as of June, 2017. Visit [sjchumanservices.com](http://sjchumanservices.com) for most up-to-date document.**



# COVID-19 RESOURCES

**Call 2-1-1**

United Way  
467-9099  
Information & referrals

## Hardship / Relief Grants

### Emergency Hardship Grants

<http://www.sturgisfoundation.org/ehgrants.php>

Contact [sacf@sturgisfoundation.org](mailto:sacf@sturgisfoundation.org)

### Michigan Small Business Relief Grants

Southwest Michigan First  
[https://www.southwestmichiganfirst.com/what-we-do/covid-19-response/michigan-small-business-relief-grants/?fbclid=IwAR15oi14I-14K6mi4g8Ab-UhSReoYScnz3ZQY3x\\_kY16dw7J5-I4BkTaizl](https://www.southwestmichiganfirst.com/what-we-do/covid-19-response/michigan-small-business-relief-grants/?fbclid=IwAR15oi14I-14K6mi4g8Ab-UhSReoYScnz3ZQY3x_kY16dw7J5-I4BkTaizl)

## Emotional Distress

### Disaster Distress Helpline

800-985-5990 or  
text **TalkWithUs** to 66746

## Domestic Violence

### Domestic and Sexual Abuse Services

**DASAS 24 hour Line**  
800-828-2023

## Homelessness

**Keystone Place**  
269-467-7078

## Volunteer Opportunities

**Hope United**  
[hopeunitedsjc.com](http://hopeunitedsjc.com)

**COVID-19 Mask Crafters of SJC**  
[jcenske@aol.com](mailto:jcenske@aol.com) or 269-625-4621

**United Way Pandemic Food Fund**  
[sjcuf.com](http://sjcuf.com)

## COA Home Delivered Meals

800-641-9899  
Home delivered meals  
delivered weekly

## MI Pandemic Resource Guide

[https://docs.google.com/document/d/1-r9zam\\_Gh8Up-msqb4T0BRirLzV5obyuZA91Csbcqb4/edit](https://docs.google.com/document/d/1-r9zam_Gh8Up-msqb4T0BRirLzV5obyuZA91Csbcqb4/edit)

*This guide provides information on how to access programs aimed at supporting Michiganders during the coronavirus outbreak. The programs in this guide are supported by the state and federal government, private companies, and nonprofits that serve the majority of Michigan residents. Guide will be edited to include a link to SJC Resource Guide.*

## Food Pantries & Meals

SEE ALSO:

**FOOD PANTRIES**  
**MORE FOOD PANTRIES & MEALS**

pages #10 and #11

for complete listing of pantries  
and meals

If your community pantry has closed,  
call United Way, 467-9099  
Mon-Fri, 8a - 4p

## Community Action

**TEFAP** is for income qualifying families, individuals, and seniors.

**CSFP** is for income qualifying seniors ages 60 or older

**Call (269) 441-1399**  
**to check eligibility**

Food distributions take place at  
**Firm Foundations in Centreville @10am.**

**Distribution Dates:**

CSFP: 4/7, 5/5, 7/7, 8/4

TEFAP: 5/5, 8/4

## SNAP /Bridge Card

To apply for SNAP benefits or questions regarding SNAP, call the Food Bank Council of Michigan's statewide helpline  
**1-888-544-8773**

Or apply online from smartphone or computer at  
[www.michigan.gov/mibridges](http://www.michigan.gov/mibridges)

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## FFI Fresh Food Initiative

FFI's are available to anyone and does not count toward monthly distributions at other food sites.  
**Bring bags/boxes to carry food.**

### 2020 FFI Dates and Locations:

**Burr Oak Community Schools-**  
**1st Monday every month**  
3:30pm-5:30pm  
(Exceptions: April 13, Sept 14)

**Centreville**  
**Seventh Day Adventist Church**  
**2nd Tuesday every month**  
4pm-6pm

**Colon High School**  
**3rd Thursday every month**  
4:30pm-6:30pm

**Three Rivers Fabius Township Fire Dept**  
~~3rd Saturday every month, 10a-12p~~  
Temporarily stopped until further notice

**White Pigeon**  
**4th Tuesday every month**  
4pm-6pm

November thru March (winter location)  
**St. Joseph's Catholic Church**  
16603 US 12 White Pigeon

April thru October @  
**White Pigeon High School**

**Sturgis Doyle Community Center**  
**4th Thursday every month**  
4pm-6pm  
(no FFI December 24)

**Project Connect Wed. Oct 7, 2020**  
**Centreville Fairgrounds, 10am-1pm**

Provided by South Michigan Food Bank  
in conjunction with community partners

## Baby Food & Formula or Diapers

**Pregnancy Helpline Sturgis 269-659-1100**  
**Pregnancy Helpline Center TR 269-278-2211**  
**Riverside Diaper Bank 269-273-8723**

## Health Information:

### COVID-19 Hotline

Questions answered Mon-Sun, 8a-5p  
888-555-6136

Helpful websites: [www.bhsj.org](http://www.bhsj.org)  
[michigan.gov/coronavirus](http://michigan.gov/coronavirus)  
[Cdc.gov](http://Cdc.gov)

## Grocery Cards

### Grocery Gift Cards

**United Community Assistance Program (UCAP)**  
\*\*\*\*\*  
269-244-4599

food cards and bagged groceries  
**ONLY** by appointment on Monday,  
Wednesday and Friday mornings.  
TO MAKE AN appointment, call and  
leave a message if the phone is  
busy.

## School Feeding Programs

**Burr Oak Comm. Schools Parking Lot door**  
thru April 3, Mon - Fri, 9am-11am  
breakfast & lunch pickup  
Pickup at Sturgis meal site during Spring break

**Centreville High School**  
**April 2, 10am-1pm**  
Drive-thru Pickup 7 breakfasts/7 lunches per child

**Colon Community Schools**  
Meal-Packs Tuesdays and Fridays through April 10  
Delivery to all homes on bus routes & per request

**Constantine High School Bus Loop**  
Pickup March 31 & April 3, 10am-1pm  
April 3 pickup includes meals for Spring Break

**Mendon High School Circle Drive**  
**April 3, 10am-12pm**  
Drive-thru Pickup breakfasts/lunches for the week

**Nottawa Community School**  
Students may go to Sturgis feeding program.  
Students without transportation can call  
Nottawa School to arrange delivery 467-7153

**Three Rivers High School Drive-thru pickup**  
March 30 & April 1, 10:00-12noon  
March 30 Pickup 2breakfasts/2 lunches per child  
April 1 Pickup 3 breakfasts/3 lunches per child  
Spring Break pickup schedule To Be Announced

**Sturgis: Congress, Eastwood, Wall, Wenzel**  
Mon - Fri, 12p-1p and Spring break  
Lunch & next day's take-home breakfast served  
Delivery available if can't get to site.

**White Pigeon Elementary & Mottville Church**  
Grab & Go breakfast & lunch  
Mon - Fri, 11:30-12, kids don't need to be present  
Same schedule over Spring Break

ALL CHILDREN ages 0-18 AND Adult Special  
Needs Students up to age 26 are welcome to  
FREE LUNCH AND BREAKFAST

If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

**Are you on the front lines serving people within St. Joseph County?  
YOU are invited to join an online community....**



The **St. Joseph County Resources** Google email group is a **FREE group** made up of over 350 knowledgeable and dedicated human services professionals and caring individuals serving St. Joseph County from all areas of human service - non-profits, children's services, hospitals, substance abuse, the homeless, seniors, the disabled, schools, public service, faith based groups, and more. This group will be utilized to send requests for help, information sharing, and occasional news.

**Many of the agencies located in this referral guide are members of the SJC Resources Google group! Please join us!**

|             |  |
|-------------|--|
| NAME        | St. Joseph County Resources Google email group   |
| DESCRIPTION | This free Google email group allows users to post the needs of clients, agency updates, and upcoming events. Other members can respond to the email request and help to identify potential resources, share upcoming event information, etc. |
| TO JOIN     | Send your name, agency /group affiliation, and email address to<br>Laura Brott at <a href="mailto:BrotTL@michigan.gov">BrotTL@michigan.gov</a>   |
| TO POST     | Members can email questions, updates, fliers to <a href="mailto:sjcreources@googlegroups.com">sjcreources@googlegroups.com</a> .<br>All members will receive message. (Only group member can successfully send message)                      |

Use the SJC Resources group to ask other professionals about where to find resources or services for an individual or family in St. Joseph County when you cannot find one.

\*\*\* Please do not disclose any personal client information within group email\*\*\*

# Adult Literacy

**SJC Literacy Council**  
**269-816-2057**

## Adult Education and Literacy

**Sturgis Adult & Community Education Center**  
269-659-1540  
leave message

**Barrows Adult Education School**  
269-279-9581

**Centreville Community Education**  
269-467-5215

**Constantine Tech**  
269-435-9030  
269-816-2057

**Success Virtual Learning Center**  
269-244-4656

*Students up to age 22  
High school diploma only*

**Free Tutoring to Read:**  
SJC Literacy Council  
269-816-2057

## English as a Second Language

**Sturgis Adult & Community Education Center**  
659-1540  
(free evening ESL classes)

**Centro De Ayuda**  
*Sturgis Central Commons*  
269-659-1500 x40205  
(Daytime ESL classes)

**Centro Vida**  
269-659-1500 ext 40209  
(ESL Classes)

## Online Practice Tests

**G.E.D.,  
Job & Career Practice Tests**

[www.Mel.org](http://www.Mel.org)

*Click "jobs",  
Learning Express Library,  
select category of choice*

Computers and assistance  
available at your local library.

## G.E.D. Preparation / High School Equivalency

**Sturgis Adult & Community Education Center**  
659-1540  
leave message

**Barrows Adult Education School**  
269-279-9581

**Centreville Community Education**  
269-467-5215

## G.E.D. & Professional Tests Center

Register Online:  
[www.myged.com](http://www.myged.com) or

by phone:  
**877-450- 3276**

**Glen Oaks Community College**  
*Testing center*

**Fee per test: \$37.50**

**Four tests are required to receive GED Certification.**

## Workforce Development

See  
[WORKFORCE DEVELOPMENT Page #37](#)

## Braille Reading Materials

Sign up for  
**Braille and Talking Book Library**  
at your local library.

## SJC Libraries

**Burr Oak Public Library**  
269-489-2906

**Colon Township Library**  
269-432-3958

**Constantine Township Library**  
269-435-7957

**Mendon Township Library**  
269-496-4865

**Nottawa Township Library**  
269-467-6289

**Three Rivers Public Library**  
269-273-8666

**Sturgis District Library**  
269-659-7224

**White Pigeon Library**  
269-483-7409

# Children's Literacy

SJC Great Start Collaborative 269-467-5473

## Early Childhood (ages 0-4)

## School Age (ages 5+)

### Story Time

Library Story Times  
See **ADULT LITERACY** page#3 for a List of LOCAL LIBRARIES

### Information

**Early On (birth- 3yrs)**  
269-467-5400  
*Child's Development Concerns*  
*Childcare*  
*Preschool Enrollment*  
**Great Start Collaborative**  
269-467-5473

### Reading at Home

**Parent Coalition**  
**Great Start Reading Cart**  
269-467-5473  
*for meeting dates and times*  
  
See **ADULT LITERACY** page #3 List of LOCAL LIBRARIES *for summer reading programs*  
*And special events*

### Readiness Activities

**District Libraries**  
**Summer Reading Programs & Special Events**  
  
See **ADULT LITERACY** page #3 List of LOCAL LIBRARIES  
  
**Free Online Activities:**  
[www.Mel.org](http://www.Mel.org)  
*Click "kids",*  
*Select from:*  
*Homework Helper,*  
*Storytime,*  
*Games & Activities,*  
*About Michigan*

### Tutoring and Remediation

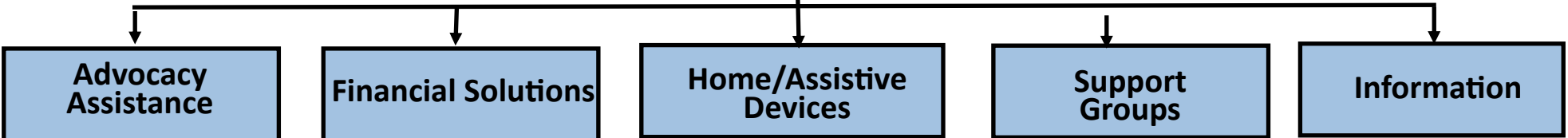
**Hornet's Nest Learning Center**  
**FREE After school tutoring**  
269-496-4305  
  
**Also:**  
*Contact your local school district page #38 for resources*  
  
**Free Online Activities**  
[www.Mel.org](http://www.Mel.org)  
*Click "databases" tab at top,*  
*Learning express library;*  
*select category of choice*

### Play Groups & Parent Communities

SEE **PARENTING RESOURCES** [Page #22](#)

If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# DISABILITY RESOURCES



## Advocacy Assistance

**Michigan Protection & Advocacy Service, Inc.**  
800-288-5923  
517-487-1755

**Disability Network Southwest Michigan**  
877-674-5209  
269-345-1516

**Educational Advocacy:**  
**Michigan Alliance for Families**  
800-552-4821

**The ARC**  
*(information referral for developmental disabilities up to age 26)*  
269-342-9801

**Special Education Mediation Services (SEMS)**  
833-KIDS-1ST  
833-543-7178  
Mikids1st.org

**Housing Advocacy:**  
**Fair Housing Center of SW Michigan (Kalamazoo)**  
866-637-0733

**Michigan Department of Civil Rights**  
800-482-3604

## Financial Solutions

**Department of Health & Human Services**  
Www.mibridges.michigan.gov  
269-467-1200  
apply at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

**Social Security Administration**  
Www.socialsecurity.gov  
800-772-1213  
TTY 800-325-0778

**Community Mental Health and Substance Abuse Services**  
*Family support subsidy*  
467-1000

**Employment & Training:**  
**Michigan Works! Southwest**  
269-273-2717

**Michigan Rehabilitation Services (MRS)**  
877-901-9187

**Michigan Career and Technical Institute (MCTI)**  
877-901-7360  
[www.michigan.gov/mdhhs/0,5885,7-339-73971\\_25392\\_40242---,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-73971_25392_40242---,00.html)

## Transportation

SEE :  
[TRANSPORTATION Page #33](#)

## Home/Assistive Devices

**Children's Special Healthcare**  
269-273-2161

**Disability Network Southwest Michigan Assistive Technology Loan Fund**  
877-674-5209  
269-345-1516

**St Joseph County Commission on Aging**  
269-279-8083

**Region 3C Area Agency on Aging (for seniors only)**  
888-615-8009

[See HEALTH RESOURCES- MEDICAL EQUIPMENT page #14](#)

## Support Groups

**Disability Network Southwest Michigan**  
877-674-5209  
269-345-1516

SEE [SUPPORT GROUPS Page # 32](#)

## Interpretation Services

**Deaflink**  
269-288-0464

## Mentoring Programs

**SJC Community Co-op**  
269-659-4525

## Veterans

**St. Joseph County Veterans Services**  
269-467-5512

## Information

**Disability Network Southwest Michigan**  
877-674-5209  
269-345-1516

**Community Mental Health & Substance Abuse Services (autism Spectrum Disorder)**  
269-467-1000

**The ARC (educational advocacy)**  
269-966-2575

**March of Dimes (Kzoo)**  
269-343-5586

**Shriners (Orthopedic & burns)**  
800-237-5055

**Michigan Protection and Advocacy Service, Inc.**  
800-288-5923

**Alzheimer's Association**  
800-272-3900

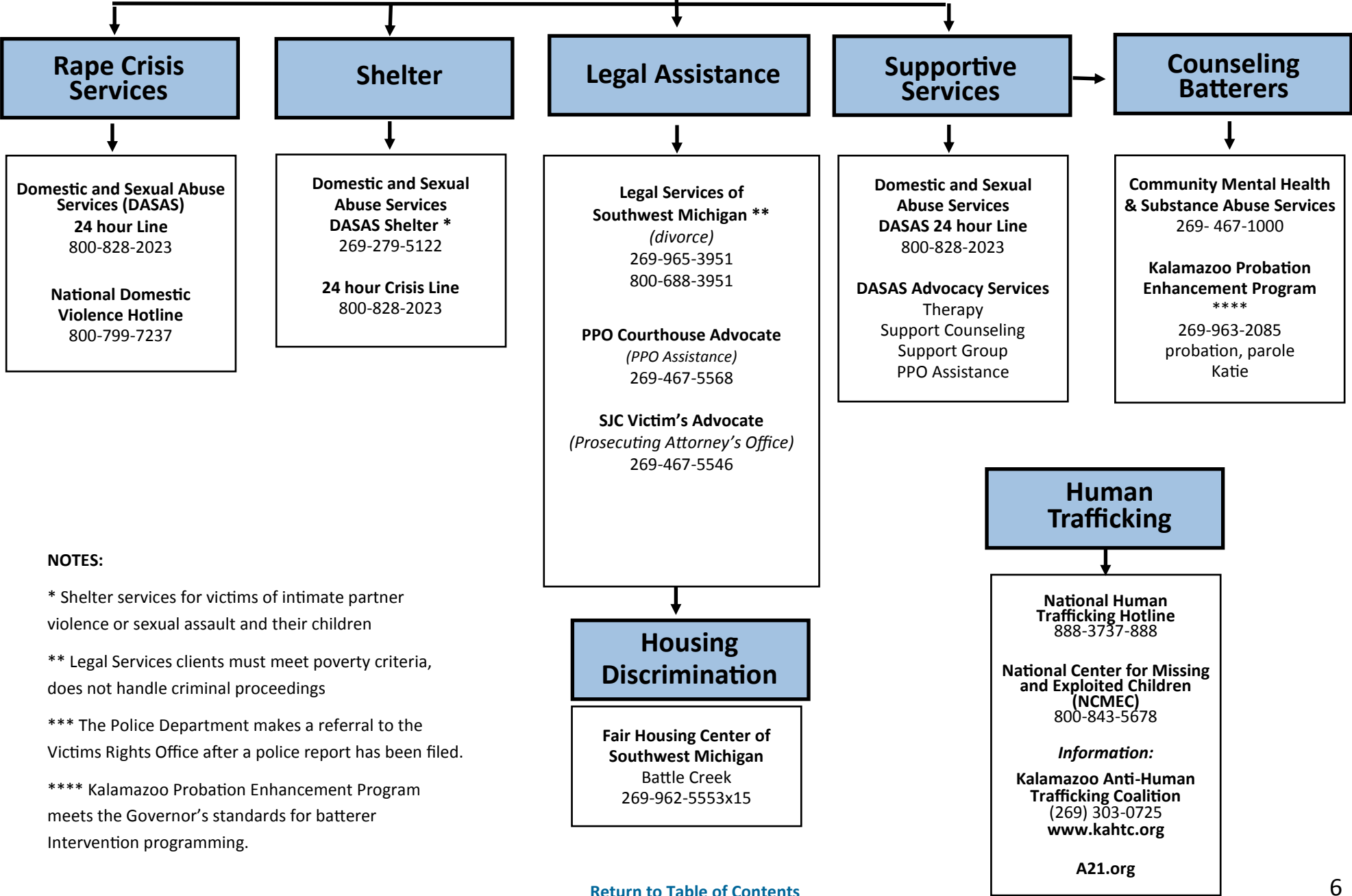
**Bureau of Services for Blind Persons**  
269-337-3848

**Michigan Department of Education Office of Special Education -Information Line-**  
517-373- 0923

**Call 911**

**DOMESTIC VIOLENCE & SEXUAL ASSAULT**

**Task Force on Family Violence 269-279-5122 ext 201**



**NOTES:**

- \* Shelter services for victims of intimate partner violence or sexual assault and their children
- \*\* Legal Services clients must meet poverty criteria, does not handle criminal proceedings
- \*\*\* The Police Department makes a referral to the Victims Rights Office after a police report has been filed.
- \*\*\*\* Kalamazoo Probation Enhancement Program meets the Governor's standards for batterer Intervention programming.

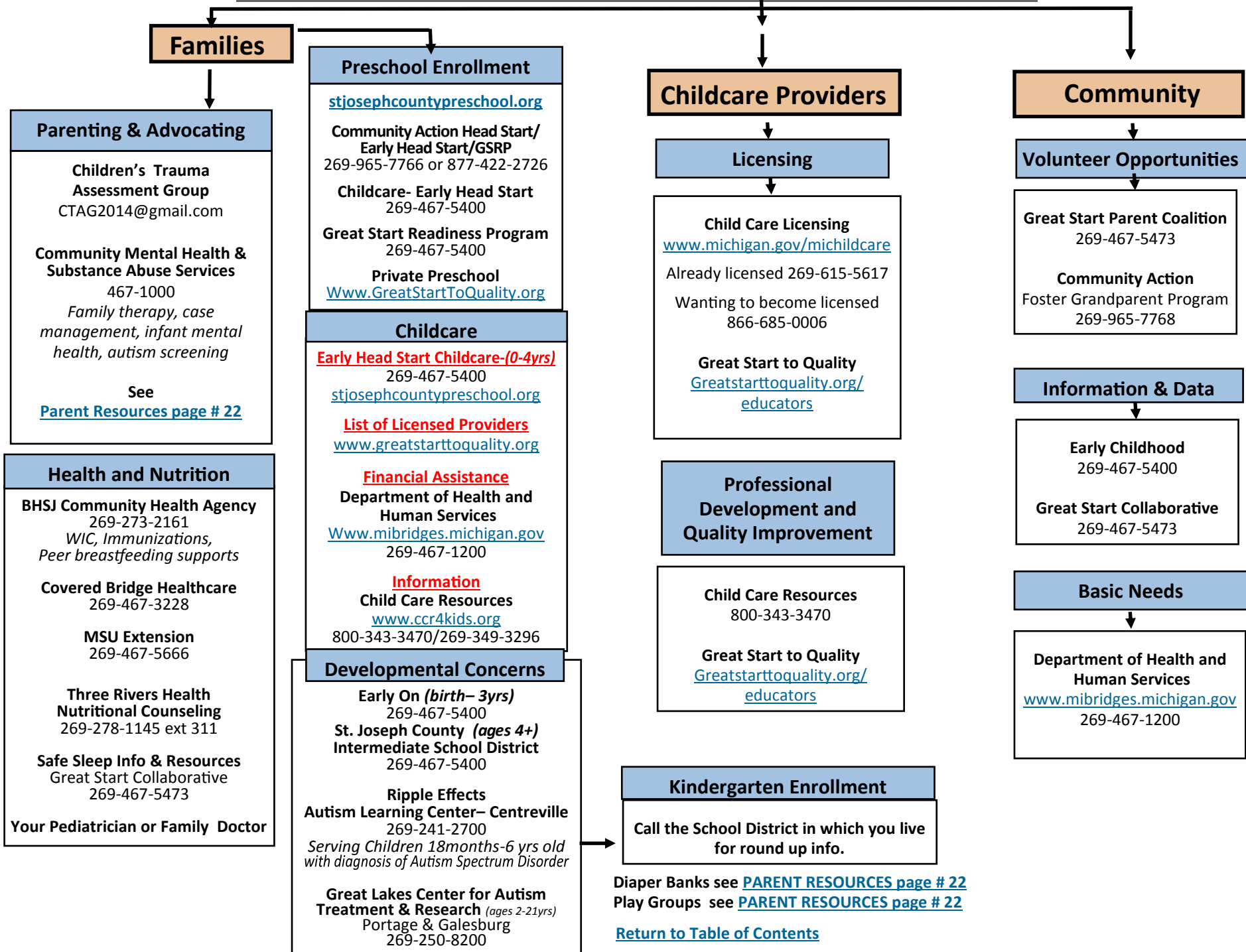
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# EARLY CHILDHOOD (birth—12 yrs.)

## Great Start Collaborative & Early Childhood Work Group 467-5473

Visit [sjchumanservices.com](http://sjchumanservices.com) for complete & updated Resource Guide.



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# EMERGENCY ASSISTANCE

**Call 2-1-1**

**United Way**  
467-9099

*Information & referrals*

Send message to [SJCResources@googlegroups.com](mailto:SJCResources@googlegroups.com) for help. Must be member of SJCResources group for email to be received.

**NOTES**

\*Keystone is the HARA for St. Joseph County. Keystone screens people and places into the homeless management system (Prevention) and get the appropriate referral.

\*\*State Emergency Relief for bill utility payment has an annual maximum. Must have shut off notice to access services. Income & asset qualifications apply.

\*\*\* Salvation Army utility assistance must have shut off notice or a past due notice. Limited by annual cap

\*\*\*\* Salvation Army Emergency Food requires State ID for everyone over 18, and Social Security Cards for entire household

\*\*\*\*\*State Emergency Relief for mortgage or rent payment has an annual maximum. Must have court ordered eviction notice or foreclosure notice to access services. Income and asset qualifications apply.

\*\*\*\*\*Utility help one time per year per household in St Joseph County MI. Must have the following: Decline letter from DHHS (proving they tried Michigan Emergency Relief Fund first), shut off notice, a picture ID, the bill MUST be in their name. UCAP does NOT pay if the entire bill will not be paid. UCAP does NOT pay for down payments if the utility has already been turned off or hook up fees.

\*\*\*\*\*Must have a picture ID showing address is in St Joseph County MI. One voucher to Three Rivers Hardings only, every three months

\*\*\*\*\* The Constantine Church Association is made up of Messiah Lutheran Church, Trinity Missionary Church, 1st Congregational UCC, and United Methodist Church. Services are distributed through Messiah Lutheran Church, 185 W. 5th Thursday, 9a-11a. Must be a resident of Constantine School District to receive assistance.

Warming/ Cooling Centers are heated or cooled facilities where people may go for relief during temporary periods of extreme cold or heat. These facilities provide water and restrooms.

## Electric/ Gas Bill Payment

**Keystone Place \***  
269-467-7078

**Community Action**  
269-965-7766  
877-422-2726

*Emergency Services Contract*

**Department of Health & Human Services \*\***  
269-467-1200

*State Emergency Relief*  
apply at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

**The Salvation Army \*\*\***  
269-651-4275

**True North Community Services**  
*emPower heat & energy assistance*

## COVID -19

**Emergency Hardship Grants**

<http://www.sturgisfoundation.org/ehgrants.php>

Contact [sacf@sturgisfoundation.org](mailto:sacf@sturgisfoundation.org)

**Disaster Distress Helpline**  
800-985-5990 or  
text **TalkWithUs** to 66746

**Michigan Small Business Relief Grants**  
Southwest Michigan First <https://www.southwestmichiganfirst.com/>

## Mortgage and Rent Payment Assistance

**Department of Health & Human Services \*\*\*\*\***  
269-467-1200

*State Emergency Relief*  
apply at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

**St. Joseph County Veterans Services**  
269-467-5557

Visit [sjchumanservices.com](http://sjchumanservices.com) for complete & updated Resource Guide.

## Food Assistance

SEE ALSO:

[FOOD PANTRIES](#)  
[MORE FOOD PANTRIES & MEALS](#)

**pages #10 and #11**

for complete listing of pantries  
If your local pantry has closed,  
call United Way 467-9099  
Mon-Fri 8am-4p

**The Salvation Army \*\*\*\*\***  
269-651-4275  
*Emergency Food*

**Department of Health & Human Services**  
269-467-1200  
apply at  
[www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

**Food Bank Council of Michigan**  
*Help finding a food pantry or applying for SNAP benefits call :*  
**1-888-544-8773**

**Community Action**  
269-965-7766  
877-422-2726

*Emergency Food Assistance Program, Commodity Supplemental Food Program*

[Grocery Gift Cards](#)

**United Community Assistance Program (UCAP)**  
\*\*\*\*\*  
269-244-4599

[Baby Food & Formula](#)

**Pregnancy Helpline Sturgis**  
269-659-1100

**Pregnancy Helpline Three Rivers**  
269-278-2211

## Clothing & Household

**The Salvation Army**

105 N. Fourth St.  
Sturgis, MI 49091

BY appointment only 269-651-4275  
Mon thru Thurs 9a-3p, Fri 9a-2p

**Clothing voucher** (available to anyone, photo ID needed)

**Free Household items** for fire victims and DASAS clients  
**Emergency Shelter for fire or disaster victims**

**Pregnancy Helpline Sturgis**– 269-659-1100  
Mon 10-4, Wed 9-1, Thurs 3-8, Fri 1-4

**Pregnancy Helpline Three Rivers**– 269-278-2211  
Mon 10-2, Tues 1-4, Thurs 1-7, Sat 9-12

See Also Free Stores Page 12

## Warming & Cooling Centers

**Commission On Aging Cooling Center only**

**Three Rivers**– 269-279-8083  
103 S Douglas Ave. Three Rivers  
**Sturgis Enrichment Center**  
306 N. Franks Ave  
Mon-Fri 8am-4pm  
*Persons of any age welcome*

**Health Trac** – 269-278-8722  
501 S. Health Parkway, Three Rivers  
**Warming and Cooling Center**  
Mon-Fri 5am-9pm,  
Sat 7am-5pm, Sun 8am-5p

**Keystone Place**  
269-467-7078

**Overnight shelter for homeless or persons without heat**

**United Way**  
269-467-4099  
*In states of emergency, contact United Way for shelter list*

# FINANCIAL SERVICES

## Individual Financial Counseling

**Sturgis Neighborhood Program**  
269-651-4780

**Habitat for Humanity**  
269-467-4663

**GreenPath Debt Solutions**  
1-800-550-1961  
*Debt Management Program;  
Debt repayment— fee for service  
Budgeting; Credit Counseling;  
Reverse Mortgage Counseling,  
Bankruptcy service;  
Mortgage Delinquency  
Housing Counseling*

## Financial Literacy Education

**Sturgis Neighborhood Program**  
269-651-4780  
HOME BUYER EDUCATION

**Habitat for Humanity**  
269-467-4663  
HOPE TO HOME PROGRAM

**USDA Rural Development**  
269-657-7055 ext 4  
502 PROGRAM

**Chemical Bank Home Buyer Education**  
989-859-7590  
269-228-0245

## Credit Rebuilding

**Sturgis Neighborhood Program**  
269-651-4780

**Habitat for Humanity**  
269-467-4663

**GreenPath Debt Solutions**  
1-800-550-1961  
*Debt Management Program;  
Debt repayment— fee for service*

**Chemical Bank**  
269-228-0245  
*CD Credit Builder Loan*

## Budgeting

**Sturgis Neighborhood Program**  
269-651-4780

**Habitat for Humanity**  
269-467-4663

**GreenPath Debt Solutions**  
1-800-550-1961  
*Fee for service*

**Keystone Place**  
269-467-7078  
*For Keystone clients*

**New Life Assembly of God**  
269-432-2400  
*Budget / Financial Counseling*

## Representative Payeeship: Guardian; Payee; Conservatorship

**SJC Probate Court**  
269- 467-5538

**Guardianship & Alternatives Inc.**  
269-782-2953

**Michiana Guardianship Services**  
269-445-2900

**GT Independence**  
877-659-4500  
*Fiscal Intermediary for self directed services  
(Offers payroll services for in-home care)  
Daily Money Management-(fee for service)*

## Tax Filing

**St. Joseph County Commission On Aging**  
269-279-8083

**MI FREE Tax Help**  
*(Tax Prep Resources & Site Locations)*  
<http://michiganfreetaxhelp.org/free-tax-prep-locations/>

**Private Provider**

If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# FOOD PANTRIES (eligibility dependent on town of residence)

**Severe Weather Closings:**

- As Coronavirus concerns emerge, there may be unexpected closings not reflected on this resource guide.
- If your community's pantry closes, contact UNITED WAY for assistance, 467-9099, Mon-Fri, 8a-4pm

**Burr Oak**

**Food Pantry**  
 St. John's Lutheran Church  
 218 W. Main – (269) 489-5539  
 Wed. 1 pm – 3:00 pm  
 (First and Third Wednesday)  
**Continuing service**  
*Serving the Burr Oak Community.*  
*First time visitors please bring an ID.*  
*Closed on holidays.*  
*Also closed when Burr Oak Community Schools are closed due to inclement weather.*

**Centreville**

**Food Pantry**  
 United Methodist Church  
 305 E. Main – (269) 467-8645  
 Mon. & Fri. 10 am – 12 pm  
 (Nottawa & Centreville Residents only)  
*Pantry is for Centreville and Nottawa residents only at risk of hunger.*  
**NEW Corona Virus Procedures: Curbside Pickup**  
 \*\*\*\* All pantry visitors please remain in your car. There will be a sign with a phone number to call and pantry workers will come to you. If you do not have a phone, leave your car lights on and we will approach you. Groceries will be brought to your car. You must load groceries into your car.  
*If Centreville Public Schools close due to inclement weather, we will be closed.*

**Colon**

**Food Pantry**  
 Colon Township Hall  
 132 N. Blackstone Ave.  
 (269) 432-3371  
 Tue. 8:00 am – 11:15 am  
**Continuing service with CURBSIDE PICKUP**  
*Free food pantry for Colon and Leonidas residents.*  
*New clients must fill out an application and bring a photo id and proof of address. Clients reapply every January.*  
*Delivery is available within the Colon-Leonidas area.*  
*Closed major holidays but will open the following day. Closed over Christmas and New Year's Week. If Colon Community Schools is closed for inclement weather, the pantry will close and not open the following day.*

**Constantine**

**Food Pantry**  
 Messiah Lutheran Church  
 185 W. Fifth St – (269) 435-9785  
 Thur. 9 am – 11:00 am  
**Continuing service with CURBSIDE PICKUP**  
*Free Food Pantry for the Constantine Community & School District.*  
*Closed for major holidays and whenever Constantine Public Schools are closed for inclement weather.*  
*Serves any resident of Constantine or family with child in Constantine Public Schools.*

**Mendon**

**Food Pantry**  
 114 W. Main St – (269) 496-4295  
 hur. 10 am – 12 pm  
**Continuing service**  
*Free food pantry for Mendon Community. Must have a picture ID and piece of mail with Mendon mailing address.*  
*Pantry is closed for major holidays and when Mendon Community Schools is closed for inclement weather.*

**White Pigeon**

**Food Pantry**  
 105 N Kalamazoo St. – (next to Post Office)  
 (269) 483-7805  
 18 Railroad Drive – (269) 273-2147  
**CLOSED UNTIL FURTHER NOTICE– Contact United Way, 467-9099, 8am-4p Mon-Fri**  
*This pantry serves residents of White Pigeon and Mottville.*  
*Pantry is NOT open 5th Wednesday of any month.*  
*Documents required: Proof of residency (i.e. valid ID, utility bill, letter from DHS.)*  
*St. Joseph Catholic Church, the First Presbyterian Church of White Pigeon, the Methodist Church, and Riverside Church all contribute toward this pantry.*

*Pantries on this page are specifically for residents of these towns. For resources that are not tied to location of residency.*

SEE  
[FOOD RESOURCES & MEALS](#)  
 Page # 11

**South Michigan Food Bank**

For help finding a food pantry or assistance applying for SNAP benefits, call South Michigan Food Bank  
 1-269-964-3663

**Sturgis**

Sturgis pantries are not limited to Sturgis residents  
 SEE  
[MORE FOOD RESOURCES & MEALS](#)  
 Page # 11

**Three Rivers**

**Food Pantry**  
 Basement Lowry's Book Store  
 18 Railroad Drive – (269) 273-2147  
**CLOSED UNTIL FURTHER NOTICE– Contact United Way, 467-9099, 8am-4p Mon-Fri**  
*Food pantry for residents of Three Rivers Community.*  
*Closed for major holidays and when Three Rivers Community schools is closed for Inclement weather.*

# FOOD Resources & Meals

(eligibility not dependent on town of residence)

- As Coronavirus concerns emerge, there may be unexpected closings not reflected on this resource guide.
- If you are recently unemployed or have reduced hours due to the corona virus, consider applying for SNAP/ BridgeCard food assistance and/or the United Way's hardship grant. Food pantries, community meals, and FFI's are intended to supplement (not sustain) a household's food needs.

## United Way 467-9099

2-1-1

## FFI Fresh Food Initiative

FFI's are available to anyone and does not count toward monthly distributions at other food sites. **Bring bags/boxes to carry food.**

### 2020 FFI Dates and Locations:

**Burr Oak Community Schools- 1st Monday every month**  
3:30pm-5:30pm  
(Exceptions: April 13, Sept 14)

**Centreville Seventh Day Adventist Church 2nd Tuesday every month**  
4pm-6pm

**Colon High School 3rd Thursday every month**  
4:30pm-6:30pm

**Three Rivers Fabius Township Fire Dept**  
~~3rd Saturday every month, 10a-12p~~  
Temporarily stopped until further notice

**White Pigeon 4th Tuesday every month**  
4pm-6pm

November thru March (winter location)  
St. Joseph's Catholic Church  
16603 US 12 White Pigeon

April thru October @  
White Pigeon High School

**Sturgis Doyle Community Center 4th Thursday every month**  
4pm-6pm  
(no FFI December 24)

Project Connect Wed. Oct 7, 2020  
Centreville Fairgrounds, 10am-1pm

Provided by South Michigan Food Bank in conjunction with community partners

## Colon

**Community Meal**  
**Canceled until after Spring Break**  
**Thursday 4:30-6:00 pm**  
Colon Caring Kitchen  
Colon United Methodist Church  
224 N Blackstone Ave

**Commission on Aging Lunch\***  
**(Temp. Canceled)**  
Mystic Grove Apartments  
473 S. Burr Oak Rd.  
1st and 3rd Friday @12 noon

## Constantine

**Community Meal**  
**(closed until further notice)**  
**Monday 4:30—6:00 pm**  
Community Soup Kitchen  
United Methodist Church  
285 White Pigeon St  
Closed for major holidays

## Community Action

TEFAP is for income qualifying families, individuals, and seniors.

CSFP is for income qualifying seniors ages 60 or older

**Call (269) 441-1399 to check eligibility**

Food distributions take place at **Firm Foundations in Centreville @10am.**

### Distribution Dates:

CSFP: 4/7, 5/5, 7/7, 8/4

TEFAP: 5/5, 8/4

## SNAP /Bridge Card

To apply for SNAP benefits or questions regarding SNAP, call the Food Bank Council of Michigan's statewide helpline **1-888-544-8773**

Or apply online from smartphone or computer at [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges)

## Mendon

**Community Meals**  
Mendon 4:4 Food & More  
**(Open—pick up meals to go)**  
**Thursday 4:30- 6:00pm**  
320 W. Main St. (Mendon UMC)  
(269) 496-4295

## School Feeding Programs

**Burr Oak Comm. Schools Parking Lot door**  
thru April 3, Mon - Fri, 9am-11am  
breakfast & lunch pickup  
*Pickup at Sturgis meal site during Spring break*

**Centreville High School**  
**April 2, 10am-1pm**  
Drive-thru Pickup 7 breakfasts/7 lunches per child

**Colon Community Schools**  
Meal-Packs Tuesdays and Fridays through April 10  
*Delivery to all homes on bus routes & per request*

**Constantine High School Bus Loop**  
Pickup March 31 & April 3, 10am-1pm  
April 3 pickup includes meals for Spring Break

**Mendon High School Circle Drive**  
**April 3, 10am-12pm**  
Drive-thru Pickup breakfasts/lunches for the week

**Nottawa Community School**  
Students may go to Sturgis feeding program. Students without transportation can call Nottawa School to arrange delivery 467-7153

**Three Rivers High School Drive-thru pickup**  
March 30 & April 1, 10:00-12noon  
March 30 Pickup 2breakfasts/2 lunches per child  
April 1 Pickup 3 breakfasts/3 lunches per child  
*Spring Break pickup schedule To Be Announced*

**Sturgis: Congress, Eastwood, Wall, Wenzel**  
Mon - Fri, 12p-1p and Spring break  
Lunch & next day's take-home breakfast served  
*Delivery available if can't get to site.*

**White Pigeon Elementary & Mottville Church**  
Grab & Go breakfast & lunch  
Mon - Fri, 11:30-12, kids don't need to be present  
*Same schedule over Spring Break*

ALL CHILDREN ages 0-18 AND Adult Special Needs Students up to age 26 are welcome to **FREE LUNCH AND BREAKFAST**

For Food Pantries serving residents of their communities,  
SEE **FOOD PANTRIES** Page # 10  
[Return to Table of Contents](#)

## Sturgis

**Food Pantries**  
**Christian Fellowship Center Pantry closed until 4/6**  
201 North St.- (269) 689-9795  
Mon. through Thurs. 5pm-7pm

**Holy Angels Church Helping Hands Pantry**  
402 S. Nottawa St. - (269) 651-5200  
2nd & 4th Tue. 11 am – 12 pm

**Nazarene Church- Our Daily Bread**  
2nd Wednesday 9:00-10:30  
**Emergency Food Boxes** 269-651-1724

**Salvation Army Food Pantry**  
105 N. Fourth St. - (269) 651-4275  
Mon., Wed., Friday 10am-2pm  
Open to all residents of St. Joseph Count. Bring ID

**Community Meal—Lunches**  
**Monday through Thursday (Currently Carryout)**  
Salvation Army, Sturgis – 11:30 am – 12:30 pm

**Friday Friendship Meal @ Salvation Army**  
**105 N Fourth St,** 11:30 am -12:30 pm  
**(Friday Friendship Meal Currently Carryout)**

**Commission on Aging Lunch\* (temp. canceled)**  
Sturgis Enrichment Center  
306 N Franks Avenue, Sturgis  
**Monday through Friday, @ 12 noon**

## Three Rivers

**New Hope Food Pantry** (New Hope Assembly of God)  
56652 Buckhorn Rd. 269-278-8135  
Tuesday thru Friday 8am-4pm/ Call 30+ min. before pickup.

**Immaculate Conception Food Pantry**  
645 S. Douglas Ave. 269-273-8953  
M, T, W, F 8am-12pm & 1pm-4pm Closed Thursday

**UCAP United Community Assistance Program**  
Must Call 269-244-4599. Office not open for walk-ins  
M, W, F mornings by appointment. Food cards/groceries

**Three Rivers Pregnancy Helpline Center**  
172 E Michigan Ave. 269-278-2211  
Diapers, wipes, formula for those under two years of age.  
Must have child's birth certificate. Call or text for more info.  
M 10-2; Tues 1-5p; Th 1-7p; Sat 9am-12noon  
*For a limited time—supplies are limited*

**Community Meals**  
**Tuesday & Thursday (closed until further notice)**  
Three Rivers Community Kitchen (Soup Pot) 4:30pm

**Commission on Aging Lunch\* (Temp. canceled)**  
Three Rivers Community Center **Mon - Fri, noon meal**

**Commission on Aging Lunch\* (Temp. Canceled)**  
Kline's Resort **Friday buffet lunch @12 noon**

## COA Home Delivered Meals

800-641-9899  
*Home delivered meals delivered weekly*

if you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# FOSTER CARE RESOURCES

Resources for CPS and others working with children in foster system

To learn more about becoming a foster parent call

DHHS Office  
Licensing: 269-303-3838  
Or

Michigan Foster Care Navigator Program  
Fcpn.org / 855-MICKIDS

Resources For Foster Parents

Michigan Department of Health and Human Services  
[www.michigan.gov/dhslicensing](http://www.michigan.gov/dhslicensing)  
269-467-1200

Foster Parent Support Group  
269-303-2959

SJC Great Start Collaborative Parent Coalition  
269-467-5473

Community Mental Health & Substance Abuse Services  
*Caring For Children Who Have Experienced Trauma Workshop*  
269-467-1000

The Office of Children's Ombudsman  
800-642-4326

SJC Child Abuse /Neglect Council  
*Parenting classes (continuing ed. Hours)*  
269-888-3510

BHSJ Community Health Agency  
269-273-2161  
*WIC, Immunizations, Children's Special Healthcare Services*

### Adoption Resources

PARC (Post Adoption Resource Exchange)  
[Parc-judson.org](http://Parc-judson.org) / 734-794-2988

MARE (Michigan Adoption Resource Exchange)  
[Mare.org](http://Mare.org) / 800-589-6273

[Adoptuskids.org](http://Adoptuskids.org)

[Safe Sleep Information and Resources](http://www.cribsforkids.org)  
[www.cribsforkids.org](http://www.cribsforkids.org)

### FaceBook Groups/Pages:

[SJC/Cass Past, Present & Future Foster Parents](#)  
[St Joseph County Great Start Collaborative](#)  
[Adoptive Family Support Network \(AFSN\) Michigan](#)

[Edwardsburg Community Foster Closet](#)

[Ellie's Closet](#)

[St Joseph County Human Services Commission](#)

## Shelter & Housing

ARK Children's Shelter  
269-343-8765 (ages 10-17yrs)

Domestic and Sexual Abuse Services (DASAS)  
1-800-828-2023

Habitat for Humanity  
269-467-4663

## Licensing and Placement

Parents interested in licensing home for fostering can call:

Department of Health and Human Services  
Licensing:  
269-303-3838

[www.michigan.gov/mdhhs/0,5885,7-339-73971\\_7117---,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-73971_7117---,00.html)

or

Michigan Foster Care Navigator Program  
[Fcpn.org](http://Fcpn.org) / 855-MICKIDS

## Private Licensing and Adoption Agencies

Bethany Christian Services  
269-372-8800

Family & Children's Services  
269-344-0202

Samaritas  
269-345-5776

Youth Guidance  
269-969-9438

## Assessment & Treatment Services

### Mental Health

Early On SJC (Birth- 3yrs)  
269-467-5400

Community Mental Health and Substance Abuse Services  
269-467-1000  
After Hours  
800-622-3967

Domestic and Sexual Abuse Services (DASAS)  
269-279-5122  
24 hour line 800-828-2023

Southwest Michigan Children's Trauma Assessment Center  
269-387-7073

SJC Intermediate School District  
269-467-5400

Children's Trauma Assessment Group  
CTAG2014@gmail.com

### Substance Abuse

Alcoholics Anonymous  
269-467-1107

Community Mental Health and Substance Abuse Services  
269-467-1000

Covered Bridge Healthcare  
269-467-3228

### Employment

Michigan Rehabilitation Services  
877-901-9187

Michigan Works!  
269-273-2717

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## Information, Resources, Support

Dept. of Health and Human Services  
[mibridges.michigan.gov](http://mibridges.michigan.gov)  
269-467-1200

Ellie's Closet  
[elliescloset@threeriversnazarene.org](mailto:elliescloset@threeriversnazarene.org)

Court Appointed Advocates (CASA) for Children  
269-932-3557  
[CASAswmi.org](http://CASAswmi.org)

ROOTED of St. Joseph County  
[connect@rootedsjc.com](mailto:connect@rootedsjc.com)  
269-503-3907

St Joseph County United Way  
269-467-9099

Covered Bridge Healthcare  
269-467-3228

SJC Prosecutor's Office  
269-467-5546

BHSJ Community Health Agen (WIC)  
269-273-2161

Community Fatherhood  
269-282-1340

Friend of the Court  
269-467-5570

Mich. Youth Opportunities Initiative  
269-303-4341

Legal Services of SW MI  
800-688-3951

Kinship Care Grandparents & Other Caregivers Raising Children  
269-858-5704

Family & Children's Services  
269-344-0202

St. Peter's Comfort Dog Ministry  
269-221-1473

Sturgis Pregnancy Helpline  
Gently used clothing newborn-2T  
269-659-1100

If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# FREE STORES

As Coronavirus concerns emerge, there may be unexpected closings not reflected in this resource guide.

**Athens**

**Pass It Forward Shop**  
 33650 Factoryville Rd.  
 Athens, MI  
 269-579-2121

**Closed until April**  
 Facebook: *Pass It Forward Shop*

**Burr Oak**

**Burr Oak Free Store**  
 United Methodist Church basement  
 105 S. 4th St  
 Burr Oak, MI 49030  
 269-489-2985

**By appointment only until April 6**  
**Call 269-432-1387 or 269-432-1123**

*Mon 2p-5p, Wed 12p-3pm*

Facebook:  
**Burr Oak Free Store Ministry**  
*Donations accepted only on days open*  
**Clean gently used only**

**Centreville**

**Building Hope Free Store**  
 112 W. Main Street  
 Centreville, MI 49032  
 269-503-5134

**CLOSED UNTIL APRIL 6**

*Mon, Tues Thurs 10a-2p, Wed 12-6p,  
 2nd Sat each month 10a-2p*  
 Facebook: **Building Hope Free Store**

**Colon**

**Community Clothes Closet**  
 Trayling & Sons Insurance  
 119. S. Blackstone Ave.  
 Colon, MI  
 269-432-3625

*Mon thru Fri 9a-12p & 1p-5p*

**Constantine**

No Free Store at this time

**Mendon**

No Free Store at this time

**Sturgis**

No Free Store at this time

**Sturgis Pregnancy Helpline**  
 1125 N Nottawa  
 Sturgis, MI 49091  
 269-659-1100

*FREE gently used clothing boutique (newborn –2T plus maternity), baby food, formula, cereal & used equipment*

*Mother must be pregnant OR the caregiver has child under age 2yrs*

*Mon 10a-4p, Wed 9a-1pm,  
 Thurs 3p-8pm, Fri 1p-4pm*

**Three Rivers**

**County Closet Free Store**  
 901 S. Main St.  
 Three Rivers, MI 49093  
*Tues thru Sat 9a-2p*  
*-Donations preferred during store hours-*

**Stone Cottage Free Store**  
 320 N. Main  
 Corner of Bennett and West streets  
 Three Rivers, MI 49093  
 269-244-4599

**CLOSED UNTIL Further Notice due to COVID-19 Safety Procedure**

**Mon, Wed, Fri 10am-1pm**  
*Shoppers must live in St. Joseph County or be a DASAS client*  
 Shoppers limited to Two shopping visits per month

Facebook: **UCAP-Stone Cottage Free Store**

**Kings Closet**  
*Verse by Verse Church Free Store*  
 300 Enterprise Dr., Three Rivers  
*By appointment*  
 269-273-5708

**White Pigeon**

No Free Store at this time

# HEALTHCARE & DENTAL FOR THE UNINSURED

**IF AN EMERGENCY: CALL 911**

**Medical Non-Emergency**

**Dental**

**Uninsured / Underinsured**

**Medicaid**

**No Insurance  
Under Insured  
Medicaid  
Healthy Michigan  
MI Child  
Uninsured**

**Prescription Medication**

**Referral & Advocacy**

**Help with Medicaid & Healthy Michigan Enrollment**

**Please call the number on the back of your card for a list of providers in your area.**

**My Community Dental Center**  
877-313-6232  
Sturgis & Three Rivers

*Call to register as a patient.  
All Patients must be seen by appointment*

**Covered Bridge Healthcare & Pharmacy \***  
269-467-3228

**Covered Bridge Healthcare & Pharmacy \***  
269-467-3228

**Covered Bridge Healthcare\* & Pharmacy**  
269-467-3228  
**BHSJ Community Health Agency**  
269-273-2161

**Three Rivers Health**  
269-273-2161

**Sturgis Hospital**  
269- 651-7824

**SJC Commission On Aging**  
800-641-9899

**Department of Health and Human Services**  
269-467-1200

**Gesundheit Student Help & Healing Center \***  
269-659-6519  
Ages 10-21

**PAWS Student Clinic**  
269-273-1418

**Gesundheit Student Help & Healing Center \***  
269-659-6519  
Ages 10-21

**Gesundheit Student Help & Healing Center \***  
269-659-6519  
Ages 10-21

**PAWS Student Clinic**  
269-273-1418  
Ages 10-21

**Notes:**

\* Covered Bridge Healthcare, Gesundheit Student Help & Healing Center and PAWS provide primary care services for patients with and without insurance (Medicaid / Medicare / private insurance / no insurance) Both offer sliding payment scales for underinsured if qualifications are met.

Constantine Church Association assists with Dr. Copay at Covered Bridge Healthcare. Must be a resident of Constantine School District. Call 269-435-9785.

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*If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)*

# Health Resources

## Walk in Clinics

**I-Med Walk in Clinic**  
(269)279-6700  
**FastCare (Meijer)**  
269-625-9160  
**AM/PM Care**  
Sturgis 651-3554

## Hospitals

**Sturgis Hospital**  
269-651-7824  
**Three Rivers Health**  
269-278-1145

## In-Home Care/ End of Life

**Visiting Physicians**  
Covered Bridge Healthcare  
& Pharmacy  
467-3228  
**Visiting Physicians Assoc.**  
(269) 349-8386  
**Go Docs Go**  
855-463-6271  
**Dr. Ghazarian, Podiatrist**  
269-353-7277  
*Will travel to northern SJC,  
Three Rivers, Sturgis,  
-not White Pigeon-*  
**In Home Care/End of Life**  
**Three Rivers Home  
Healthcare & Hospice**  
269-278-6108  
**Call Area Agency on Aging  
for more providers**  
888-615-8009

## Student Clinics

**Gesundheit Student Help  
& Healing Center \***  
269-659-6519  
*Ages 10-21*  
**PAWS Clinic**  
269-273-1418  
*Ages 10-21*

## Diabetic Needs

**Foot Care**  
**Dr. Anil Patel, MD**  
269-279-5240  
**Three Rivers Wound Clinic**  
269-273-9600  
**Diabetic  
Nutrition & Education**  
**MSU Extension**  
269-467-5666  
**Three Rivers Health**  
269-279-1145 ext 311  
**Area Agency on Aging**  
*Evidence Based  
Health & Wellness Programs*  
**888-615-8009**  
**Meter & Test Strips**  
**Covered Bridge Healthcare\*  
& Pharmacy**  
467-3228  
*\$15/month program*

## Meds Packaging

**Advanced Health Pharmacy**  
269-324-1100  
*Compounding, delivery & blister packs*  
**Bridge Healthcare Pharmacy (+ delivery)**  
269-467-3515  
**Commons I Pharmacy**  
*blister packing, delivery*  
269-659-0820  
**Fred's Pharmacy (blister packing)**  
269-278-2355  
**White Pigeon Pharmacy (blister packs)**  
269-464-2384  
**Exact Care**  
877-355-PACK  
**Portage Pharmacy**  
268-327-0033  
*Compounding & delivery*  
**DRUG TAKE BACK BOXES**  
**OTC & prescription meds only—no sharps**  
**SEE [SUBSTANCE ABUSE RESOURCES](#)**

## Hearing & Vision

**Area Agency on Aging**  
888-615-8009  
*Resource referral*  
**St Joseph County Commission on Aging**  
269-279-8083  
*Monthly hearing clinic*  
**BHSJ Community Health Agency**  
269-273-2161  
*Children's hearing & vision screens*  
**Eyecare West**  
269-651-7874  
*Free Children's Eye Exam up to age 1*  
**Bureau of Services for Blind Persons**  
269-337-3848  
**Lion's Club**  
**Colon 269-432-2252**  
*(Vision testing, screening, eye glasses)*  
**Centreville 269-467-6857**  
*(Vision screening & eye glasses)*  
**Sturgis 269-651-4931**  
*(Vision screening, eye glasses )*

## Medical Equipment

**Loan**  
**American Legion (Sturgis)**  
269-651-9095  
*walkers, crutches, wheelchairs,  
hospital bed*  
**St Joseph County Commission on Aging**  
269-279-8083  
**Disability Network S.W. Michigan**  
269-345-1516  
**Lending Hands**  
*Provides basic home medical  
equipment for free for 7 months*  
269-567-4381  
**Sturgis Hospital Loan Guild**  
269-651-7824 *(Ask for ER)*  
*lends equipment such as wheel chairs and  
walkers to patients and home care patients*

## [See Home/Assistive Devices page #5](#)

**Purchase**  
**Airway Oxygen Inc.**  
(800)632-0730  
**CareLinc**  
**Coldwater:800-752-9571**  
**Sturgis: 800-236-9528**  
**Sturgis: 269-651-3266**  
**J & B Medical Supply**  
800-737-0045  
**LinCare Inc.**  
877-279-2409  
**MCJ Medical Supply**  
*Diabetic Shoes & Supplies*  
866-446-4421

**Repair**  
**Medical Equipment Services**  
269-744-2492



# Health Resources – *Community Health Events*

These community health /resource events generally take place during these months each year. Visit [www.sjchumanservices.com/calendar](http://www.sjchumanservices.com/calendar) for details and other activities & family friendly events

|           |  |
|-----------|--|
| January   | iBelong Summit– Community Suicide Prevention Network & St. Joseph County United Way  |
| February  | Three Rivers Health – Cardiac Rehab Fair   |
| March     | Mom to Mom Sale/Doyle – (Has a Parenting Awareness Element) Sturgis <i>(nominal admission fee to event)</i>  |
| April     | Sturgis Hospital Women’s Health Day  |
| May       | Gesundheit Help & Healing Center – Free Sports Physicals/Sturgis<br>Community Baby Shower hosted by SJC Parent Coalition—Centreville<br>St Joseph County Head Start End of Year Family event for Head Start Families (picnic and resource event) |
| June      |  |
| July      |  |
| August    | Freshman Focus – Sturgis High/Sturgis<br>Constantine Back to School Fair/Constantine   |
| September | St. Joseph County Fair-Interagency Table/Centreville   |
| October   | Project Connect -Centreville   |
| November  |  |



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# HOUSING ASSISTANCE

COC/ SJC Housing Task Force - Project Connect: [sjprojectconnect@gmail.com](mailto:sjprojectconnect@gmail.com)

### Low Cost Homes

Habitat for Humanity  
269-467-4663

Sturgis Neighborhood Program  
269-651-4780

USDA Rural Development  
269-657-7055 ext 4

### Rent or Mortgage Payment Assistance

Department of Health & Human Services \*  
269-467-1200  
State Emergency Relief  
apply at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

\* State Emergency Relief for mortgage or rent payment has an annual maximum. Must have court ordered eviction notice or foreclosure notice to access services. Income and asset qualifications apply.

### Housing Discrimination

Fair Housing Center of Southwest Michigan  
866-637-0733

### Veterans

SJC Veterans Services  
269-467-5512

Supportive Services for Veteran Families  
800-750-9300

Homeless Veteran Crisis Line  
1-877-424-3838

### Subsidized Housing (Rent is based on income)

See [HOUSING ASSISTANCE \(APARTMENT LISTINGS\) Page #17](#)

### Eviction Prevention

Keystone Place\*\*  
269-467-7078

Fair Housing Center of Southwest Michigan  
Kalamazoo  
866-637-0733

Legal Services of Southwest Michigan  
800-868-3951

\*\* Keystone Place from time to time will turn out clients from shelter due to disruptive or violent behavior. Illegal behavior is reported \*\*and handled by law enforcement . Disruptive behavior that does not bring harm to others is given a warning without client being turned out of shelter. Behavior placing others at risk will result in client being turned out of shelter Shelter staff will assist client to find other shelter either with client's family or another shelter by the end of the day. Since Keystone is the only homeless shelter in county, arrangements are made with another shelter out of county. This may be an inconvenience to the client who may be working in county and have transportation issues, but protecting children in the shelter is Keystone's priority.

Keystone staff, legally, is not permitted to talk to anyone about a client's housing situation or actions that led them to be turned out without a release of information. If a group is working with the client to help find them shelter and is looking for details why client was released, a signed release of information must give permission for staff to discuss the clients situation and why the client was turned out. Release forms can be faxed to the shelter at 269 467-7742. Due to HIPAA regulations, Keystone staff cannot discuss client's mental or physical health with anyone.

When families with children are turned out of Keystone Place, and staff is concerned for child's well-being, the family will be reported to Child Protective Services.

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### Emergency Shelter

Keystone Place \*\*  
269-467-7078

American Red Cross  
269-353-6180/ 800-382-6382  
Disaster Victims

Salvation Army  
269-651-4275  
Disaster Victims only

Domestic and Sexual Abuse Services (DASAS)  
24 hour Crisis Line  
800-828-2023

Kalamazoo Gospel Mission  
269-345-2974

### Homeless Rapid Rehousing

Keystone Place  
269-467-7078

### Home Rehabilitation

Department of Health & Human Services  
269-467-1200  
State Emergency Relief  
apply at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)

Habitat for Humanity  
269-467-4663

St. Joseph County Commission on Aging  
Home Safety Repairs (for seniors ages 60+)  
269-279-8083

USDA Rural Development  
269-657-7055 ext 4

**Ramps**

St. Joseph County Commission on Aging  
269-279-8083

**Home Repair & Weatherization for Seniors 60+**

St. Joseph County Commission on Aging  
269-279-8083

Community Action Agency  
877-422-2726

USDA Rural Development  
269-657-7055 ext 4

**Yard (chores) Services**

St. Joseph County Commission on Aging  
269-279-8083

**Safety Checks:**

St. Joseph County Commission on Aging  
269-279-8083

Disability Network Southwest Michigan  
877-674-5209 / 269-345-1516

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# HOUSING (Apartment & Mobile Home Listings)

## Sturgis

| APARTMENT NAME                  | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|---------------------------------|--------------|--------------|-----------------|------------|--------------|
| Colonial Crest Apartments       | 269-221-6536 |              |                 |            |              |
| Deer Creek Townhouses           | 269-651-5876 | 269-651-5940 |                 | X          | X            |
| Fawn River Apartments           | 269-659-4135 | 269-651-1392 |                 | X          | X            |
| Froh Manor Apartments           | 269-651-7840 |              | 62+             |            |              |
| Gateway Village                 | 269-651-6918 | 269-659-8705 |                 | X          |              |
| Maple Towers Apartments         | 269-651-8772 | 269-651-9882 | X               | X          |              |
| Maplecrest Apartments           | 269-651-8190 |              |                 |            |              |
| Quail Run I Apartments          | 269-659-4135 | 269-651-1392 |                 | X          |              |
| Quail Run III Apartments        | 269-503-7023 | 269-651-7080 |                 | X          |              |
| Stoughton Estates               | 269-659-8177 |              |                 |            |              |
| Sweet Lake Manufactured Housing | 269-651-8149 |              |                 |            |              |
| Trade Winds                     | 269-651-4938 |              |                 | X          |              |
| Village Manor Apartments        | 269-651-1416 |              | X               | X          |              |

**The Meadows** 269-659-4135 269-651-1392

## Three Rivers

| APARTMENT NAME                 | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|--------------------------------|--------------|--------------|-----------------|------------|--------------|
| Bentwaters Apartments          | 269-273-7540 |              |                 |            |              |
| Edgewater Apartments           | 269-279-9181 | 269-279-9799 |                 | X          |              |
| Erie Street Apartments         | 269-279-6157 | 269-279-5409 |                 | X          |              |
| Hampton Point                  | 269-273-8288 | 269-592-5927 | 55+ Only        |            |              |
| Learn Investments (Elm Street) | 269-273-8288 |              |                 |            |              |
| Maplecrest Apartments          | 269-273-7841 | 269-273-7842 |                 | X          |              |
| Meadow Lane Village            | 269-278-5195 | 269-273-1009 |                 |            |              |
| River Country Apartments       | 269-279-6439 |              | X               | X          |              |
| Riverside Townhouses           | 269-279-9297 | 269-273-8123 |                 | X          |              |
| River Trail                    | 269-279-7486 | 269-279-7486 |                 |            |              |
| Village Mobile Home Court      | 269-278-2285 |              |                 |            |              |
| Walnut Meadows Apartments      | 269-273-2100 | 269-273-2116 |                 |            |              |
| Westchase Apartments           | 269-273-9111 | 989-400-4738 | X               |            | X            |
| Woodbrook Apartments           | 269-273-4440 |              | X               | X          |              |
| Woodland Apartments (Lutz Rd)  | 574-360-6638 |              |                 |            |              |

## Centreville

| APARTMENT NAME               | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|------------------------------|--------------|--------------|-----------------|------------|--------------|
| Mill Race Manor              | 269-467-4082 | 989-400-4741 | X               |            | X            |
| Rivers Edge Mobile Home Park | 269-467-4136 | 269-651-6686 |                 |            |              |
| Riverwood Apartments         | 269-435-8124 | 269-435-8271 |                 | X          |              |

## Colon

| APARTMENT NAME            | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|---------------------------|--------------|--------------|-----------------|------------|--------------|
| Enchanted Glen Apartments | 269-432-2293 | 269-432-2885 |                 | X          | X            |
| Mystic Grove Apartments   | 269-432-2667 | 989-400-4909 |                 | X          | X            |

## Constantine

| APARTMENT NAME                    | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|-----------------------------------|--------------|--------------|-----------------|------------|--------------|
| Custer Apartments                 | 269-435-8045 | 269-435-8072 |                 | X          |              |
| Elm Tree Apartments               | 269-435-8124 | 269-435-8271 |                 | X          |              |
| Pine Valley Apartments            | 269-435-7071 | 989-400-4738 |                 | X          | X            |
| Riverside Apartments              | 269-435-4682 | 269-388-7905 |                 |            |              |
| Whispering Pines Mobile Home Park | 269-435-7892 |              |                 |            |              |

## White Pigeon

| APARTMENT NAME          | PHONE #      | FAX#         | SENIOR/DISABLED | SUBSIDIZED | HCV ACCEPTED |
|-------------------------|--------------|--------------|-----------------|------------|--------------|
| Bristol Arms Apartments | 269-483-9557 | 989-400-4738 |                 | X          |              |
| Colonial Estates        | 269-483-7869 |              |                 |            |              |
| White Pigeon Manor      | 269-483-7045 |              | X               | X          |              |

Update May 22, 2019 Keystone Place

# HOUSING (Private Landlord Listing)

## Burr Oak

**Henry Schwartz**  
269-625-4876

**Keith Thornton**  
269-651-9252

## Centreville

**Klein Rentals–  
Pat Keckler, Mgr**  
269-467-4202

**James Mullins**  
269-913-2777

**Henry Schwartz**  
269-625-4876

## Colon

**Joe Granger**  
269-432-3804

**Klein Rentals–  
Pat Keckler, Mgr**  
269-467-4202

## Constantine

**Barry McDonald**  
269-496-9430

**Ed & Deb Mercer**  
269-483-7359

**D Perez Properties**  
269-858-8487

## Sturgis

**Affhalter Rentals, Inc**  
269-651-5336

**Arver Properties, Inc.**  
269-467-7840

**Block 14 Inc.**  
Henry Schwartz,  
Property Manager  
269-625-4876

**CAC1 LLC**  
269-651-5674

**Ron Cary**  
989-429-6299

**Jamie Crites  
Crites Rentals**  
269-625-2610

**Dudek Rentals  
Properties**  
269-358-8947

**Arthur Eichorn**  
269-651-6197

**Jeff Gould**  
269-489-5335

**Mike & Judy  
Hartman**  
269-651-9516

**Alma Hicks**  
269-651-5586

**Lindee Investments**  
269-651-6885

**Jose Lopez**  
269-625-1878

**Mayuiers Home  
Rentals, LLC**  
269-467-7072

**Meyers Rentals**  
269-625-1237

**North Nottawa  
Apartments LLC**  
269-651-3930

**Penner Rentals**  
269-625-2734

**David Persons**  
269-625-2734

**Albert Seng**  
269-651-4446

**James Talbert**  
269-569-2944

**Taymad LLC  
(Dave Clark)**  
269-659-7653

**Keith Thornton**  
269-651-9252

**Richard Wright**  
269-651-9030

## White Pigeon

**Klein Rentals–  
Pat Keckler, Mgr**  
269-467-4202

**Mary & Garth Klett**  
269-435-7960

**Jerry Ray**  
269-625-1071

## Three Rivers

**Tim Bundridge**  
269-279-7814

**Andrew Carson**  
269-506-9521

**Pat Eicher**  
269-651-8448

**Kevin Hamilton**  
269-506-5363

**Klein Rentals–  
Pat Keckler, Mgr**  
269-467-4202

**Learn Investments  
(Elm Street)**  
269-816-0714

**Scott Larkins**  
lark31@hotmail.com

**Judy Lynes**  
269-279-9301

**Michelle Page**  
269-279-2247

**Terry & Larry Richman**  
269-279-2346

**Will Roberts**  
269-728-4994

**Ron & Elaine Strand**  
269-273-5807

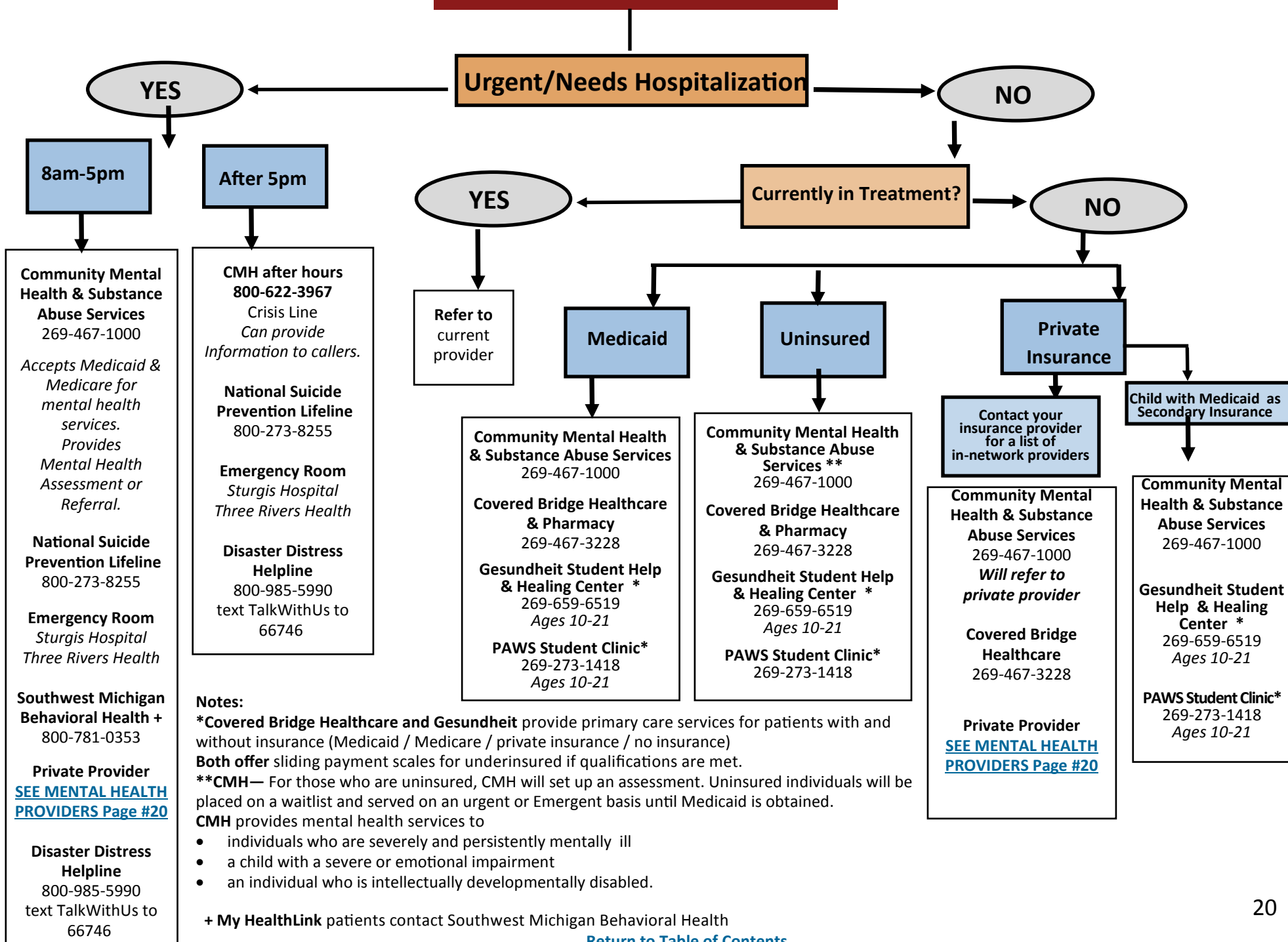
## Mendon & Leonidas

**Jamie Crites**  
269-625-2610

**Thomas Gregg**  
269-649-1336

**Michael Nerad**  
269-506-1357

# MENTAL HEALTH



If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# Mental Health Psychiatric and Counseling Provider List

Updated 12/30/19

Visit [sjhumanservices.com](http://sjhumanservices.com) for complete & updated Resource Guide.

**Community Mental Health & Substance Abuse Services 269-467-1000**  
Must be screened into services through clinician. Accepts Medicaid, MI Health Link, Medicare

## Psychiatrists

### Ascension Borgess Hospital Delano Clinic

269-321-7090  
Dr. Mohammad; Dr. Hussain  
7895 Currier Dr., Portage, MI

*Psychiatric services for ages 15 and up, and outpatient counseling for all age groups, from children and adolescents to adults and seniors. Also offer individual, couples and family counseling.*

*Medicaid, Medicare, Private Insurance (TriCare and Cigna out of network)*

### Pine Rest Portage & Kalamazoo Clinics

866-852-4001  
1350 W. Centre Ave., Portage, MI  
Children, Adolescents, Adults

*Medicare, Private Insurance, Priority Health, Molina, McLaren*

### Dr. Tatineni

269-968-4140  
126 College St. Battle Creek, MI  
Specializes in adults

*Medicare, Private Insurance, Meridian Dual Plan, (No Medicaid)*

## Faith Based Counseling

### Colon Baptist Church

Pastor John Kroeger  
269-432-2358  
200 Frank Ave, (PO Box 627) Colon, MI  
Family and Couples Counseling  
*Free of Charge*

### Ascension Medical Group Sturgis

269-651-1471 or 269-651-4744  
1717 E. Chicago Rd., Sturgis MI 49091

### Susan Pattison, Psy. D, Psychologist

\*offers psychological and neuropsychological testing

## Counseling Services

### Ascension Medical Group Sturgis

269-651-1471 or 269-651-4744  
1717 E. Chicago Rd., Sturgis MI 49091  
Susan Pattison, Psy.D, Psychologist  
\*offers psychological and neuropsychological testing  
*Medicare, Private Insurance, Uninsured*

### Covered Bridge Healthcare & Pharmacy

269-467-3228  
Stacy Linihan, LMSW  
658 E. Main St., Centreville 49032  
*Offers extended hours*  
*Medicare, Medicaid, Health Plan, Private Insurance, Uninsured-Sliding Fee*

### Dawn Criswell, LMSW

269-506-0060  
Provides all services in clients' homes  
Specializes in older adult/caregiver issues, will see any adult. No children or teens  
*Medicare, MI Healthlink, BCBS, Private Insurance*

### Domestic And Sexual Abuse Services (DASAS)

800-828-2023  
[Counseling for survivors of domestic violence, sexual violence and their families](#)  
*FREE, no insurance needed*

### Family Counseling Services

269-467-4270  
\*Linda Overholt\*  
338 West Fisher St., Centreville, MI 49032  
Family, marriage, individuals  
*Most insurances accepted. No BCBS.*

### Gesundheit Student Help & Healing Center

269-659-6519  
1555 E. Chicago Rd. Sturgis, MI 49091  
*Ages 10-21*  
Susan Pattison, Psy.D, Psychologist  
\*offers psychological and neuropsychological testing  
*Medicare, Private Insurance, Uninsured*

### K2A Counseling

269-273-0606  
\*Anita Wisser\*  
801 N Main St.  
Three Rivers, MI 49093  
*Private Insurance & some Medicaid*

### PAWS Clinic

269-273-1418  
721 6th Avenue, Three Rivers, MI 49093  
Elaine Bussema, LMSW; Andrea Scott, LLMSW  
*Ages 10-21 Accepts most all insurances*

### Psychological Services of Southwest Michigan

269-651-3902  
103 South 4<sup>th</sup> St., Sturgis, MI 49091  
*Health Plan, Medicare, Private Insurance*  
*Offers extended hours*

### Sturgis Consultation Center

269- 651-9579  
110 S Clay St., Sturgis, MI 49091  
*General & Family Counseling specializing in children, substance abuse, marriage/families*

### Transitions Wellness Center

269-273-2024  
\*Mike Ballard\*  
Children, adults, individuals, family, marital  
1519 North Main St., Three Rivers, MI 49093  
*Accepts most insurance; no Cigna, flat \$80 Out of pocket*

### Southwest Michigan Psychological Solutions, PLLC

269-273-0030  
Dr. Becky Nagy, Dr. Christopher Barnes, Dr. Robin Annis, Amie Murphy Powers, Kelly Thelen  
57239 North Main St., Three Rivers, MI 49093  
*Children, Adolescents, Adults, Geriatrics, Neuropsych testing, Psychological Testing, Individual/Family/Couples Counseling, EMDR, Anxiety, Depression, Mood Disorders, Trauma Concerns/PTSD, ADHD, Adjustment Difficulties, and General Psych Concerns*  
*Medicare, Meridian/McLaren/UHC Community Plan/PH Medicaid HMOs, BCBS, Aetna, PH, and are in-network with most major insurance companies.*

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# PARENT RESOURCES

## Playgroups

### Sturgis

**Great Start Collaborative  
Play Learn Connect Playgroup**  
269-467-5473  
Thursdays, 10-11:30am  
Central Commons, Room 201

### Three Rivers

**Great Start Collaborative  
Play Learn Connect Playgroup**  
269-467-5473  
Mondays, 10-11:30am  
Three Rivers First United Methodist  
Church, 215 N. Main

**Three Rivers MOMS Group**  
Three Rivers Bible Church- 278-2795  
pam.minor.trbc@gmail.com  
2nd Tues. of month, Sept-May, 9-11:30am

**Corey Church of Nazarene Playgroup**  
269-244-5573  
3rd Tues. of month, 9:30-11:30am

## Parent Groups

**SJC Great Start Collaborative  
Parent Coalition**  
269-467-5473  
3rd Thurs. monthly, 5:30-7:30pm @  
Sturgis Central Commons Room 201

4th Thurs. monthly, 5:30-7:30pm @  
Three Rivers –First United Methodist  
Church, 215 N. Main St.

free dinner; Topics pertinent to  
parenting, free children’s programming

**Facebook:** St Joseph County  
Great Start Parent Coalition

**SJC Great Start Parent Coalition  
Hispanic Group**  
Mariela Gomez 269-779-0205  
4th Friday, 9-11am,  
Sturgis Central Commons, Room 201

**Kinship Care Support Group**  
269-858-5704  
3rd Thursday each month, 6-8pm  
childcare provided

**Foster / Adoptive Parent Group**  
269-303-3228

**Three Rivers MOMS Group**  
Three Rivers Bible Church  
269-278-2795  
2nd Tues. of month, Sept-May, 9-11:30am  
pam.minor.trbc@gmail.com  
**Facebook:** Three Rivers MOMS Group

**MOPS of Sherman Township**  
269-251-9803  
2nd Mon. of month, 6:30pm-8pm  
**Facebook:** Mops of Sherman Township

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## Resources

**Ripple Effects  
Autism Learning Center– Centreville**  
269-241-2700  
Serving Children 18months-6 yrs old  
with diagnosis of Autism Spectrum Disorder

**Great Lakes Center for  
Autism Treatment & Research (2-21yrs)**  
Galesburg & Portage  
269-250-8200

**Pregnancy Helpline**  
Sturgis– 269-659-1100  
Three Rivers– 269-278-2211  
Classes, parent training, Dad training  
Baby gear and clothing, baby food,  
Cereal, Formula, post partum support

**Riverside Kids Diaper Bank**  
269-273-8723 ext 26

**Eye Care West**  
269-651-7874  
Free Children’s Eye Exam up to age 1

**BHSJ Community Health Agency**  
269-273-2161  
Immunizations, WIC, Breastfeeding  
Support Group & Dental  
Childbirth Education Classes

**LaLeche League**  
269-651-5386  
1st Thursday, 7pm

**The Dillie Bar**  
(260) 535-1434  
Breastfeeding support services

**Community Fatherhood**  
269-282-1340

**Covered Bridge Healthcare & Pharmacy**  
269-467-3228

**Family Center Hotline**  
800-359-3722  
(Children’s Special Healthcare Needs)

## Car Seat Inspection Stations

**Branch -Hillsdale-St. Joseph  
Community Health Agency**  
Call to schedule an appointment.  
269-273-2161  
Contact: Kelley Mapes

**Constantine Fire Department**  
Call to schedule an appointment.  
269-435-5325  
Contact: Chief Mike Haydon

**Constantine Police Department**  
Call to schedule an appointment.  
269-435-8900 Ext 61405  
Contact: Holly Cerny

**St. Joseph County Sheriff Department**  
Call to schedule an appointment.  
269-467-9045  
Contact: Mason Stratton / TJ Harrington

**Michigan State Police-White Pigeon  
Detachment**  
Call to schedule an appointment.  
269-483-7611  
Contact: Jason Sylvester

## Childcare & Education

SEE [EARLY CHILDHOOD PAGE #7](#)

## Parenting Classes

**Great Start Collaborative**  
269-467-5473

**SJC Prevention of Child Abuse/  
Neglect Council**  
269-888-3510  
Parenting classes birth-age 17 covering  
many areas of parenting;  
Infant Safe Sleep Information

**Social-Emotional Health and Wellbeing**  
Classes for parents of 12-17 year olds  
(Suzanne Pish) 517-279-4311

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In Emergency call 911

# Police / Fire / Emergency

## Poison Control

National Poison Control Center  
800-222-1222

## Environmental Emergency

Branch -Hillsdale- St. Joseph Community Health Agency  
269-273-2161  
Pollution Emergency Alerting System (PEAS)  
24 hour line:  
800-292-4706

## Animal Control

St. Joseph County Animal Control  
269-467-6475

*Animal complaints go through Central Dispatch*  
467-4195

## Central Dispatch

To report a crime:  
(269) 467-4195

**Facebook:**  
St. Joseph County Central Dispatch  
*Follow page for updates on road conditions, etc*

## Fire Departments

Burr Oak Fire Department  
269-489-5103  
Centreville Fire Department  
467-4215  
Colon Fire Department  
269-432-3211  
Constantine Fire Department  
269-435-5325  
Mendon Fire Department  
269-496-3131  
Sturgis Fire Department  
269-659-7257  
Three Rivers Fire Department  
269-278-3755  
White Pigeon Fire Department  
269-483-7109

## Police Departments

St. Joseph County Sheriff's Department  
Centreville  
269-467-9045  
Burr Oak Police Department  
269-467-4195  
Colon Police Department  
269-432-3182  
Constantine Police Department  
269-435-4355  
Mendon Police Department  
269-496-8096  
Sturgis Police Department  
269-651-3231  
Three Rivers Police Department  
269-278-1235  
White Pigeon Police Department  
269-483-7109  
Michigan State Police  
269-558-0500  
ST. JOSEPH COUNTY SHERIFFS DEPARTMENT  
Criminal Investigation Div.  
NARCOTICS UNIT  
(269)467-9045 Ext. 245  
Emergency Services/  
Homeland Security  
467-9045 ext 281

## Car Seat Inspection Stations

See [PARENT RESOURCES](#) page #22

## Prescription Take Back Boxes

*pills & prescription ointment only*  
[SEE SUBSTANCE ABUSE SERVICES](#)  
[PAGE #30](#)

## Human Trafficking

National Human Trafficking Hotline  
888-3737-888  
SEE PAGE #6



# Prenatal/ Obstetrics

## Free Pregnancy Testing & Ultrasound

**Pregnancy Helpline**  
Sturgis  
659-1100

**Pregnancy Helpline**  
Three Rivers  
278-2211

*Both offer free ultrasound up to 20 weeks gestation*

## Pregnancy Prevention Resource

**BHSJ Community Health Agency**  
*Prevention Education, Contraceptives, Contraceptive Education, STD Testing*  
269-273-2161

## Prenatal Resources

**Medicaid for Pregnant Women**  
[www.michigan.gov/MIbridges](http://www.michigan.gov/MIbridges)  
Department of Health & Human Services  
269-467-1200

**Smoking Cessation**  
**SEE SUBSTANCE ABUSE RESOURCES PAGE #28**

**Obstetrics & Childbirth Education**  
Three Rivers Obstetrics  
269-273-1995

BHSJ Community Health Agency  
269-279-2161  
*Childbirth classes, breastfeeding support*

**Pregnancy Helpline**  
Sturgis– 269-659-1100

**Nutrition / Nutrition Education**  
**Women, Infant & Children (WIC)**  
269-273-2161

**LaLeche League**  
*Information & support for breastfeeding*  
269-651-5386

**The Dillie Bar**  
(260) 535-1434  
*Breastfeeding support services*

**For more nutrition resources see HEALTH RESOURCES page #14**

**Pregnancy Helpline**  
Sturgis– 269-659-1100  
Three Rivers– 269-278-2211  
*Both offer free ultrasound & Pregnancy tests*

**Prenatal Exercise**  
Three Rivers HealthTRAC  
269-278-8722

## Resources for New Parents

SEE [PARENT RESOURCES Page #22](#)

## Home Visitor Programs

**Community Action Agency**  
*Expectant Mom Program*  
269-273-8563

**Silver Linings Family Services**  
*Maternal Infant Health Program for Medicaid recipients, pregnant women and infants less than one year old.*

(269)473-6060  
Services in English and Spanish

## Prenatal Loss or Postpartum Support

**Pregnancy Helpline**  
Sturgis– 659-1100  
*Prenatal loss, post partum support*

**Pregnancy Helpline**  
Three Rivers– 278-2211  
*Prenatal loss, post partum support, Post Abortive Counseling*

**Empty Cradle, Full Heart**  
Private Facebook group  
*Prenatal loss*

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# Public Benefits

United Way  
467-9099  
Information & referrals

## Emergency Assistance

SEE ALSO:  
[EMERGENCY ASSISTANCE page #8](#)

**Keystone Place**  
269-467-7078

**Community Action**  
Battle Creek  
269-965-7766/ 877-422-2726  
*Emergency Services Contract*

**Department of Health & Human Services**  
269-467-1200  
*State Emergency Relief*

**The Salvation Army \***  
269-651-4275

**True North (utilities)**  
231-355-5880

See also  
[EMERGENCY ASSISTANCE Page #8](#)

## Legal Services

**Legal Services of S. Central MI**  
800-688-3951  
*(seniors 60+)*

**Legal Aid of Western MI**  
269-344-8113  
*(up to 59 yrs. Old)*

**Friend of the Court**  
269-467-5570

**Victims Advocate**  
269-467-5546

**Counsel & Advocacy Law Line**  
888-783-8190

## Cash Assistance

**Department of Health & Human Services**  
269-467-1200  
*Disabled Adults:*  
*State Disability Assistance;*  
*General Public:*  
*Family Independence Program \*\*\**

**Social Security Administration**  
Toll Free 800-772-1213  
Supplemental Security Income\*\*\*\*  
Social Security Disability Insurance\*\*\*\*\*

## Bill Payment

**Community Action Agency**  
269-965-7766  
877-422-2726  
*Emergency Services Contract*

**Department of Health & Human Services**  
269-467-1200  
*State Emergency Relief,*  
*Childcare Assistance*

**The Salvation Army \***  
269-651-4275

**Michigan Veterans Trust Fund (MVTF) \*\*\*\*\***  
269-467- 5557

## Food Assistance

**LOCAL FOOD PANTRIES**  
SEE ALSO:  
[FOOD PANTRIES Page #10](#)

**BHSJ Community Health Agency**  
*Women, Infants and Children -WIC*  
269-273-2161

**Community Action**  
Battle Creek  
269-965-7766  
877-422-2726  
Emergency Food Assistance Program, Commodity Supplemental Food Program

**Department of Health & Human Services**  
*Food Assistance Program*  
269-467-1200

**The Salvation Army \*\*\*\*\***  
269-651-4275  
*Emergency Food, Soup Kitchen*

**United Community Assistance Program (UCAP) \*\***  
269-244-4599

**NOTES**

**DHHS Benefits can be applied for online at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov)**

\*Salvation Army utility assistance must have shut off notice or a past due notice. Limited by annual cap

\*\* UCAP. Utility help for one time per year per household in St Joseph County MI. Must have the following: Decline letter from DHHS (proving they tried Michigan Emergency Relief Fund first), shut off notice, a picture ID, and the bill MUST be in their name. UCAP does NOT pay if the entire bill will not be paid. UCAP does NOT pay for down payments if the utility has already been turned off or hook up fees. (temp. stopped due to Coronavirus)

UCAP Food Assistance- Must have a picture ID showing address is in St Joseph County MI. One voucher for Three Rivers Hardings only, every three months

\*\*\* For women who are pregnant, nursing, or have children. Or a male with children. Must have zero income- child support will be retained. No fee.

\*\*\*\* For individuals over the age of 65, blind or disabled with limited income, based on need.

\*\*\*\*\*Based on how long you have worked and paid Social Security taxes, for individuals no longer able to work due to disability.

\*\*\*\*\* must be at least 180 days of wartime service and honorable

\*\*\*\*\*Salvation Army Emergency Food requires State ID for everyone over 18, and Social Security Cards for entire household

## Health Care

**BHSJ Community Health Agency**  
Children’s Special Health Care Services,  
Immunizations, STD/HIV testing, TB Testing,  
Hearing and Vision Screening  
**269-273-2161**

**Department of Health & Human Services**  
269-467-1200  
**Adults**  
*Medicaid, Medicare Saving Program, Healthy Michigan*  
**Over 65**  
*Medicaid*  
**Children**  
*Medicaid, MI Child*

**Covered Bridge Healthcare & Pharmacy**  
269-467-3228  
Medicaid/ Medicare/ private insurance/ no insurance

**MI Dental Centers**  
877-313-6232

[SEE ALSO VETERANS BENEFITS Page #34](#)

SEE ALSO:  
[HEALTHCARE & DENTAL FOR THE UNINSURED PAGE #13](#)

# SENIOR HOUSING

Check for current vacancies at [www.michiganhousinglocator.com](http://www.michiganhousinglocator.com)  
 ADDITIONAL INFORMATION AND ASSISTANCE CAN BE FOUND BY CONTACTING AREA AGENCY ON AGING 888-615-8009

**Subsidized And/or Independent Living**

Independent Living for seniors refers to residence in a compact, easy to maintain, private apartment or house within a community of seniors.

[See HOUSING \(Apartment Listings\) page #17](#)

**Housing Discrimination**

[See HOUSING ASSISTANCE PAGE #16](#)

**Assisted Living**

Providing a unique combination of housing, personal care services, and health care, assisted living is the perfect option for people who need help with normal daily activities in a way that promotes maximum independence.

- Fairview Nursing and Rehabilitation Community**  
(269)467-9575
- Thurston Woods Villa**  
(269)651-7841
- Bowman House**  
(269)279-0088

**Notes:** The Adult Services Network and St. Joseph County Human Services Commission cannot guarantee/endorse the listed facilities.

The ASN and HSC encourage discretion when choosing a facility and suggests complete investigation into facilities and licensure prior to engaging services.

**Skilled Nursing /Rehab/ Long-term Care Facilities**

Facilities providing services ranging from short-term (often post-hospital stay) rehabilitation and skilled nursing to respite and long-term care for those individuals who can no longer safely remain in their homes due to declining physical or mental conditions.

- Fairview Nursing and Rehabilitation Community**  
(269)467-9575
  - Heartland of Three Rivers**  
(269)273-8661
  - Grace Healthcare of Three Rivers**  
(269)279-7441
  - Thurston Woods Village/  
Froh Community Home**  
(269)651-7841
  - Three Rivers Inpatient Rehabilitation**  
(269)273-9795
- Complaints**
- If someone living in a nursing home has a complaint they should/can:
1. Notify the nursing home administrator immediately.
  2. Call the Long Term Care Ombudsman: **(866)485-9393**
  3. File a complaint w/ the State of MI Bureau of Health Systems: **(800) 882 6006**

**Adult Foster Care**

Adult Foster Care is defined as a home setting in the community for adults who are unable to live independently due to physical, emotional, developmental or mental health impairments.

The State of Michigan regulates licensing of these types of facilities and the status can change frequently . Please contact:

**Area Agency on Aging**  
888-615-8009

Or for a list of current AFC's visit: the Department of Licensing and Regulatory affairs Statewide Search for Adult Foster Care / Homes for the Aged Facilities page for a list of options within St. Joseph County:

[http://www.dleg.state.mi.us/brs\\_afc/brs\\_afc.asp?name=&address=&cnty\\_name=ST.+JOSEPH&city=&zip=&type=%25&lic\\_nbr=&Search=Search&sorry=yes](http://www.dleg.state.mi.us/brs_afc/brs_afc.asp?name=&address=&cnty_name=ST.+JOSEPH&city=&zip=&type=%25&lic_nbr=&Search=Search&sorry=yes)

For further assistance in finding options in your area, call:

**Longterm Care Ombudsman**  
866-485-9393

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# Senior Resources

Additional Information and assistance can be found by contacting:

**St Joseph County Commission on Aging**  
269-279-8083

*Home Delivered Meals  
Homemaking Assistance  
Home Repair  
Chore Services*

**Area Agency on Aging**  
888-615-8009

*Community Living Program  
Options Counseling*

**Information and Assistance for:**  
*Nursing & Assisted Living Facilities  
Meals  
Homemaking  
Respite  
Chores  
Medication Management  
Emergency Response Systems*

*Available for individuals, families, caregivers, and professionals*

**Legal Resources**

**Adult Protective Services**  
855-444-3911

**Elder Law of Michigan**  
866-400-9164

**Legal Hotline for MI Seniors**  
800-347-5297

**Legal Services of South Central Michigan**  
269-965-3951  
800-688-3951

**Long Term Care Ombudsman**  
866-485-9393

**MI Department of Civil Rights**  
800-482-3604

**Michigan Protection & Advocacy Services**  
800-288-5923

**Alzheimer's & Dementia Caregiver Support**

**Area Agency on Aging**  
888-615-8009

**St Joseph County Commission on Aging**  
269-279-8083

**Alzheimer's Association**  
1-800-272-3900

**Kinship Care**

**St Joseph County Commission On Aging**  
Kinship Care Support Group  
269-858-5704

**Adult Day Services**

**Thurston Cares**  
269-503-7800

**Home Delivered & Congregate Meals**

[SEE FOOD PANTRIES & MEALS PAGE #10](#)

**Guardian/Payee/Conservator**

[SEE FINANCIAL SERVICES PAGE #9](#)

**Comfort Dog Ministry**

**St. Peter's Lutheran Church**  
269-718-2467  
*Free service for events or individuals*

**Medicare & Medicaid**

**CareWell Services**  
MI Choice Medicaid Waiver  
269-966-2450  
800-626-6719

**MMAP (MI Medicare/Medicaid Assistance Program)**  
269-279-8083  
888-615-8009

**MI Department of Health & Human Services (Medicaid)**  
269-467-1200

**Social Security Administration (Medicare)**  
800-772-1213  
(866)331-9088

**Senior Services**  
MI Choice Medicaid Waiver  
269-382-0515  
800-711-2113

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# Social / Recreational / Educational Enrichment Resources

## Enrichment

**Amigo Centre**  
 (Road Scholar – ages 50+)  
 269-651-2811

**Adult Ed**  
 (Enrichment Programs)  
 Sturgis: 269-659-1540  
 Three Rivers: 269-279-9581

**Glen Oaks Community College**  
 269-467-9945

**Area Agency on Aging**  
*Evidence Based  
 Health & Wellness Programs*  
**888-615-8009**

**MSU Extension**  
 (Michigan State University)  
 269-467-5666  
*4H, Nutrition, Chronic Disease Ed*

**Hope United**  
*Mentorship Programs  
 (Training & Assistance)*  
**269-858-5583**

**SEE ADULT LITERACY PAGE #3  
 FOR MORE OPPORTUNITIES -  
 LOCAL LIBRARIES MAY HAVE  
 SPECIAL EVENTS AND CLASSES**

## Parents Groups & Parenting Classes

SEE [PARENT RESOURCES](#)  
 Page #22

## Recreation

*Website calendar emphasizing  
 Supportive events & activities  
 in St. Joseph County*  
[www.sjchumanservices.com/  
 calendar](http://www.sjchumanservices.com/calendar)

**Doyle Community Center**  
 269-659-8110  
 Link to Listing of community  
 class opportunities, view  
 Current Program Guide here:  
<https://bit.ly/2kr63IH>

**Three Rivers Health TRAC**  
 269-278-8722

**For Seniors:**

**St. Joseph County  
 Commission on Aging**  
*Link to calendar:*  
[www.sjcco.com](http://www.sjcco.com)  
 269-279-8083

**Community Action Agency**  
*Foster Grandparent Program*  
 269-965-7768

## Classes in Spanish

**Centro VIDA**  
 269-659-1500 ext 40209  
*Computer & ESL Classes*

**Great Start Parent Coalition**  
*Hispanic Group*  
 Mariela Gomez 269-779-0205

## Youth/Teen Opportunities

**Three Rivers Area Mentoring**  
 269-278-8726  
*After School Program,  
 Mentoring, job preparedness  
 program for 7th-9th graders in  
 Three Rivers*

Link to Listing of community  
 class opportunities here:  
<http://www.sturgismi.gov/doyle/>

**Call your school district and  
 inquire about opportunities**

**Michigan Works! Southwest**  
 269-273-2717  
 Youth Opportunities Unlimited:  
**WIOA Youth**  
[https://ion.workforcegps.org/  
 resources/2017/01/31/09/44/  
 Wioa\\_Youth\\_Program\\_elements](https://ion.workforcegps.org/resources/2017/01/31/09/44/Wioa_Youth_Program_elements)

See **WORKFORCE DEVELOPMENT**  
 page #37

**Faith Based for Teens**

**Youth For Christ**  
 269-651-1669  
*Weekly activities for middle  
 school & high school students in  
 Sturgis, Centreville and  
 Constantine. Plus Music & Drama  
 Group, after school and summer  
 recreation, & high adventure trips.*

**Ignition Youth Conference at  
 Grace Christian Fellowship**  
 (annually– February, Sturgis)  
 269-651-1991

**Riverside Church** 269-273-8723  
*Call your local church to inquire  
 about youth programs*

**United Way**  
 467-9099  
*Information & referrals*

## Drivers

**Driver Safety & Rehab**

**AARP Driver Safety**  
 On-line Course  
 800-350-7025

**Commission on Aging**  
 269-279-8083

**Disability Network SW MI**  
 877-674-5209

**Driver Education**

**L & L Driving School**  
 269-496-9020

**Michigan Traffic Safety**  
 269-506-5111

**Dynamic Driving School**  
 269-816-1765

## Faith Based

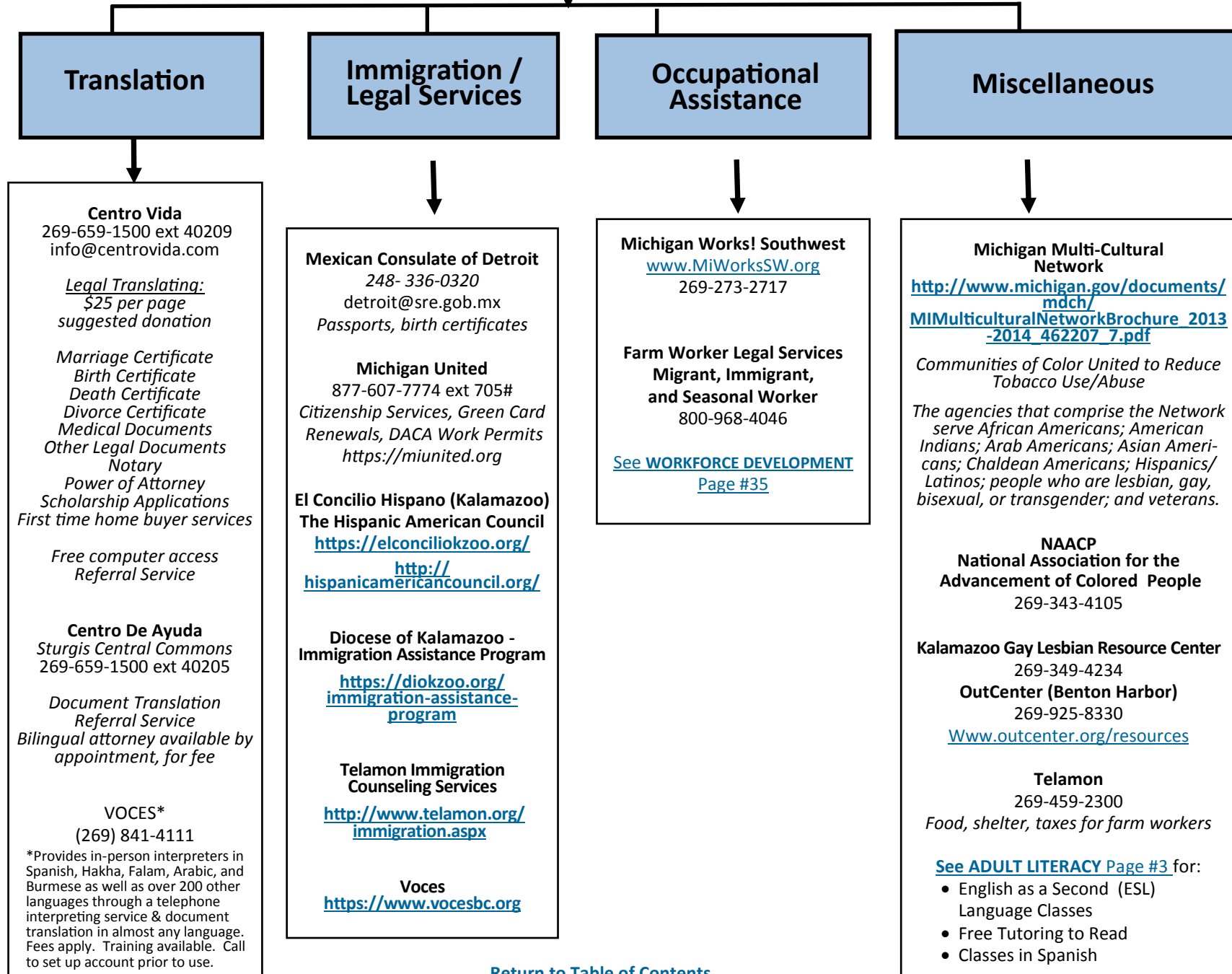
**Centreville Bible Institute**  
*Bridges Community Church*  
 269-432-4555  
*Bible Classes; Associates and  
 Bachelor Degrees offered*

**Hope United**  
*Mentorship Programs  
 (Training & Assistance)*  
**269-858-5583**

Visit [sjchumanservices.com](http://sjchumanservices.com) for  
 complete & updated Resource Guide.

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# Special Populations



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# Substance Abuse Services (In St. Joseph County)

Substance Abuse Task Force 269-467-1000 ext 380

Community Mental Health & Substance Abuse  
24 Hour Crisis Line  
800-622-3967

## Screening & Referral

Community Mental Health & Substance Abuse Services  
269-467-1000  
24 hour crisis line  
800-622-3967  
Southwest Michigan \* Behavioral Health  
800-781-0353

*Private Providers:*  
Psychological Services  
269-651-3902  
*Offers extended hours*

## Courts

3B District Court– Sobriety Court  
269-467-5541  
45th Circuit Court  
Adult Drug Treatment Court  
269-467-5642  
Swift & Sure Sanctions  
Probation Program  
269-467-5642  
Narcotics Unit (SJC Sheriff's Dpt)  
269-467-5642 ext 245

## Prescription Take Back Boxes

*OTC & Prescription Meds only  
-no sharps-*  
Sturgis Police Department  
St Joseph County Sheriff 's Dept.  
Colon Police Department  
Constantine Police Department  
Three Rivers Police Department  
Walgreens Pharmacy, Sturgis

## Smoking Cessation

Community Mental Health & Substance Abuse Services  
269-467-1000

BHSJ Community Health Agency  
*Tobacco Treatment Specialist (TTS)*  
269-273-2161 ext 0103

Michigan Tobacco Quit Line  
800 QUIT-NOW  
<https://michigan.quitlogix.org/>

Covered Bridge Healthcare  
269-467-3228

[www.TobaccoFreeMichigan.org/resources](http://www.TobaccoFreeMichigan.org/resources)

Private Providers

Alternative Therapies  
Hypnotherapy

## Prevention/Education

Substance Abuse Task Force  
269-467-1000 ext 380

*Community Educational Presentations  
Prime For Life  
School Based Programs  
Strengthening Families  
Alcohol & Tobacco Retail Compliance*

Community Mental Health & Substance Abuse Services  
269-467-1000

### Notes:

\* My HealthLink patients contact Southwest Michigan Behavioral Health

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## Treatment/Recovery

Outpatient & Intensive Outpatient  
Community Mental Health & Substance Abuse Services  
269-467-1000

Covered Bridge Healthcare  
269-467-3228

Faith Based Residential  
**Operation 6:12**  
Intake: 330-600-0072

Outpatient & Intensive Outpatient  
GFM the synergy Center  
269-323-1954

## Sober Housing

Hope House  
Women's Recovery Housing, Sturgis  
269-271-0224

Serenity House  
Women's Recovery Housing, TR  
269-323-1954

Amanda's House  
Women's Recovery Housing, TR  
269-858-5583

## Veterans

Covered Bridge Healthcare & Pharmacy  
269-467-3228

St. Joseph County Veterans Services  
269-467-5512/269-467-5557

Community Mental Health & Substance Abuse Services  
269-467-1000

1-800-Mich-Vet

## Medication Assisted Treatment

Covered Bridge Healthcare & Pharmacy  
269-467-3228

## 12 Step Programs

Alcoholics Anonymous:  
269-467-1107

Centreville United Methodist  
St. John's Episcopal, Sturgis

Celebrate Recovery  
Riverside Church, Three Rivers  
Whole Life Fellowship, Sturgis  
St. Paul's Lutheran Church, Colon  
Detinty Church, Three Rivers

Narcotics Anonymous  
Hotline 800-230-4085  
St. John's Episcopal Church, Sturgis  
Trinity Episcopal Church, TR

**Call for days and times. See [SUPPORT GROUPS page #32](#)**

## Peer Support Groups

Wellness & Recovery Room  
269-467-1001 ext 377

Life Ring (for Women)  
Hope House, Sturgis

Life Ring (co-ed)  
St. John's Episcopal, Sturgis

**Call for days and times. See [SUPPORT GROUPS page #32](#)**

# Substance Abuse Resources (Out of County)

Visit [sichumanservices.com](http://sichumanservices.com) for complete & updated Resource Guide.

## Walk-In Help (8am-4pm)

Michigan State Police Angel Program  
269-558-0500  
Marshall Regional Post #54  
714 Old US 27 N  
Marshall, MI 49068

## Detox

### Medicaid /Uninsured Underinsured

### Screening & Referral

Southwest Michigan \* Behavioral Health  
800-781-0353

Jim Gilmore, Jr. Community Healing Center (m/w)  
269-382-9820  
Sacred Heart Rehabilitation Center (m/w)  
888-802-7472  
Turning Point– Project Rehab  
616-742-0351

### Private Insurance

*For a complete list of covered providers contact your insurance company .*

Jim Gilmore, Jr. Community Healing Center (m/w)  
269-382-9820

Pine Rest Jellema Treatment Center (m/w)  
616-222-5180

Sacred Heart Rehabilitation Center (m/w)  
888-802-7472

Turning Point– Project Rehab  
616-742-0351

*If your insurance does not provide substance abuse coverage, see UNDERINSURED column on this page*

## Residential

### Short Term

Jim Gilmore, Jr. Community Healing Center (m/w)  
269-382-9820

Pine Rest Jellema Treatment Center (m/w)  
616-222-5180

Sacred Heart Rehabilitation Center -Serenity Hills (m/w)  
269-815-5500

Turning Point– Project Rehab  
616-742-0351

*For a complete list of covered providers contact your insurance company .*

## Outpatient Services

Elizabeth Upjohn Community Healing Center (m/w)  
269-343-1651

Pine Rest Jellema Treatment Center (m/w)  
616-222-5180

Sacred Heart Rehabilitation Center (m/w)  
888-802-7472

Turning Point– Project Rehab  
616-742-0351

*For a complete list of covered providers contact your insurance company .*

### Notes:

\* My HealthLink patients contact Southwest Michigan Behavioral Health only

m= men

w= women

## Medication Assisted Treatment

Victory Clinical Services (Kalamazoo)  
269-344-4458  
Methadone & Suboxone Treatment, Counseling

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# Support Groups

• As Coronavirus concerns emerge, there may be unexpected closings not reflected on this resource guide.

## Addiction

**CMHSAS Wellness & Recovery and Peer Support Services**  
269-467-1001 ext 377

**Alcoholics Anonymous**  
269-467-1107

**Narcotics Anonymous**  
800-230-4085

**Families Against Narcotics (FAN)**  
269-580-8290

**Gambling Hotline**  
800-270-7117

**Smart Recovery**  
**Commission On Aging Building**  
Three Rivers  
269-244-0008  
Thursdays 6pm

**Celebrate Recovery \***  
**Riverside Church, Three Rivers Adult group**  
269-273-8723  
Fridays 7pm

**Whole Life Fellowship, Sturgis**  
269-503-2567  
Mondays 6:30 pm

**Destiny Church, Three Rivers**  
269-718-6828  
Sundays 6:30 pm

**St. Paul's Lutheran Church, Colon**  
269-303-4811

**Co-Dependency (for Women)**  
**Hope House, Sturgis**  
269-271-0224  
Wednesdays 1:30 pm

## Life Issues (Faith Based)

**Riverside Church**  
269-273-8723 ext 21  
**Freedom Ministries**  
*Time with God to heal from past wounds and be set free of shame, rejection and more. Offered 3 times/year*

**Riverside Church**  
269-273-8723 ext 21  
*Small groups with topics including parenting, budgeting & more*

**Grace Christian Fellowship**  
269-651-1991  
**Forward to Freedom**  
*guides those who desire to let go of hindrances and hurts from the past move forward to freely walk in the destiny God has for them.*

**\*Celebrate Recovery**

\*Celebrate Recovery addresses hurts, habits or hang-ups: Loss of a loved one, depression, addiction, co-dependency, financial recovery, etc. Meeting locations listed under "Addiction".

## Health

**Bariatric Support Group**  
Elkhart General Hospital  
855-874-3264

**Disability Network Southwest Michigan**  
269-345-1516  
*(listing of support groups)*

**Fibromyalgia Support Group**  
269-651-8328

**HIV/AIDS Cares**  
800-944-2437

**Stroke Support Group**  
269-273-9681  
*1st Wednesday of month, 10a-11a*

**Survivor Sisterhood**  
One-on-one personal support  
269-651-6798/ 269-651-9463

## Dementia Related

**Alzheimer's Association**  
1-800-272-3900  
*Alzheimer / Caregivers Support Groups*

**COA- Three Rivers**  
*1st Tuesday each month, 6p-7:30p  
Sturgis, 3rd Thursday, 2-3:30p*

**Thurston Cares- Sturgis**  
269-503-7800  
*Caregiver Support Group  
2nd Tuesday each month, 2p-4p*

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## Bereavement

**Three Rivers Health New Beginnings Grief Support Group**  
269-278-6108  
*3rd Thursday each month, 11:45am—Call for location*

**"Hope" Grief Support Group**  
269-467-7117  
*3rd Wednesday each month, 1st Presbyterian Church, Sturgis 1pm*

**Sturgis Pregnancy Helpline Prenatal Loss Support Group**  
269-659-1100

**Pregnancy Helpline Of Three Rivers Prenatal Loss & Post Abortive Support**  
269-278-2211

**Matt's Friends**  
269-689-7231 Keith  
269-689-8014 Holly  
*For those grieving the loss of a child  
1st Thursday each month, Holy Angels, School Building, Sturgis 7-9pm*

**Compassionate Friends Kalamazoo Chapter**  
*Supporting family after a child dies*

**Facebook Empty Cradle, Full heart**  
*Private Facebook group*

**Heartache and Hope: Life after Losing a Child**  
*Public Facebook Community*

**Grieving Mothers**  
*Private Facebook Group*

## Domestic & Sexual Abuse

**DASAS Domestic and Sexual Abuse Services**  
24 hour helpline  
800-828-2023  
*Hispanic Group Available*

## Comfort Dog Ministry

**St. Peter's Lutheran Church**  
269-718-2467  
*Free service for events or individuals*

## Parenting

SEE [PARENT RESOURCES](#)  
Page #22

## Online Resources

**MyStrength**  
*24 Hour online mental health & addiction resource*

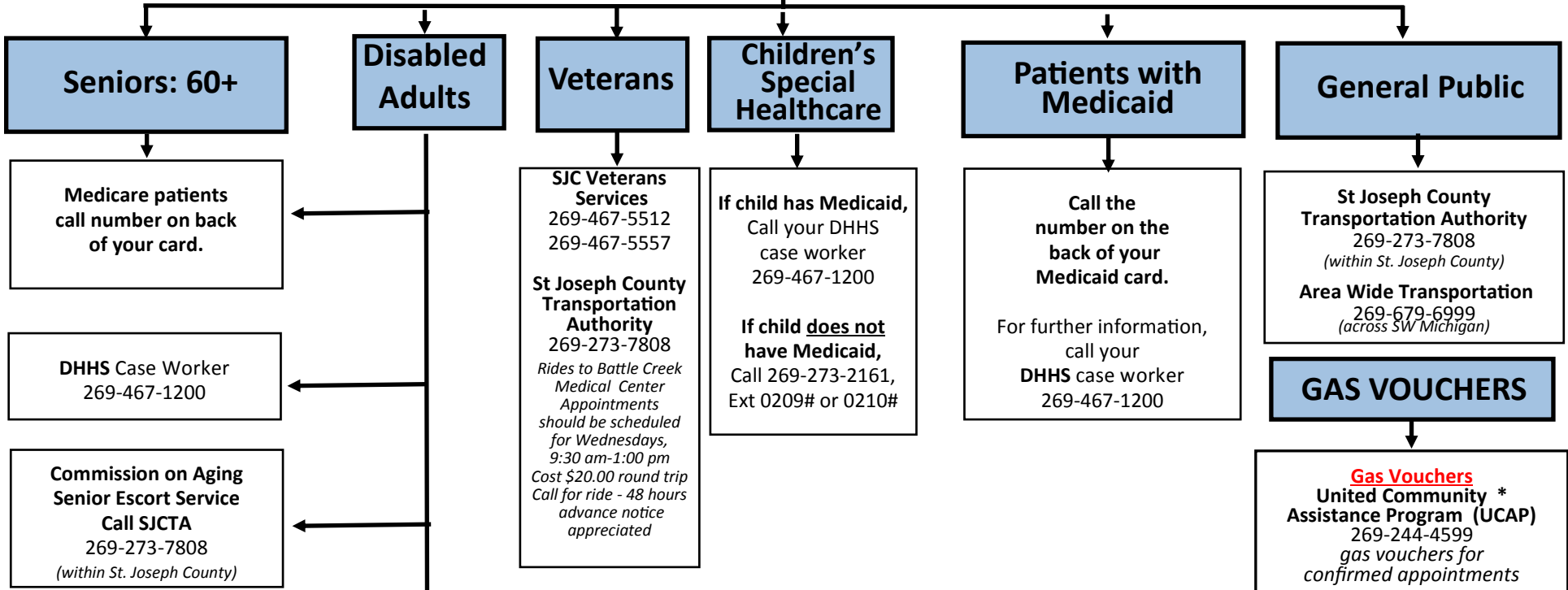
1. Visit [www.myStrength.com](http://www.myStrength.com)
2. On the myStrength.com home page, click on "Sign-up."
3. Enter the following Access Code: **SWMStJoe**
4. Complete the myStrength sign-up process with a brief Wellness Assessment and personal profile.
5. Go Mobile! Using the access code above, get the myStrength app for iOS and Android devices at [www.mystrength.com/mobile](http://www.mystrength.com/mobile)

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# Transportation & Gas Vouchers

**If An Emergency:  
Call 911**

## MEDICAL Non-Emergency



## Non Medical Transportation

**St. Joseph County Transportation Authority In-Town Circle Line Fares 269-273-8085**

Three Rivers Circle Line Bus Stops \$1.00 per destination  
 Sturgis Circle Line Bus Stops \$1.00 per destination  
*The Circle Lines runs from Monday through Saturday (no holidays)  
 Locations subject to change.*

**St. Joseph County Transportation Authority County Wide Transportation: 269-273-7808**

Standard: \$8.00 each way  
 Seniors: \$2.00 suggested donation each way  
 Disabled: \$4.00 each way (Verification of disability required)  
 Students: \$4.00 each way (Student ID required)

*\*MUST have a valid Drivers License showing address in St. Joseph County MI. Must also have one of these three:  
 -a Dr appointment card for that week  
 -a last pay stub within the last 2 weeks  
 -a college ID or Schedule  
 UCAP gives a voucher for Shell on 131 in Three Rivers only. Limited to one voucher every three months.*

*\*\*The Constantine Church Association is made up of Messiah Lutheran Church, Trinity Missionary Church, 1st Congregational UCC, and United Methodist Church. Services are distributed through Messiah Lutheran Church, 185 W. 5th Thursday, 9a-11a. Must be a resident of Constantine School District.*

If you have suggested edits, additions, or deletions to this page, please contact [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

# Veterans Benefits

Download VA Welcome Kit  
[www.vets.gov/welcome-to-va](http://www.vets.gov/welcome-to-va)

**St. Joseph County Veteran Services**  
269-467-5512 or  
269-467-5557

**Battle Creek Veterans Affairs Medical Center**  
269-966-5600

**Michigan Veterans Affairs Agency Veterans Resource Center**  
800.MICHVET

- Referrals To:**
- Transitional Housing
  - Food Pantry
  - Life Skills Training
  - Job Opportunities/Referrals
  - Education
  - Health Care Services
  - PTSD Counseling
  - Transportation Assistance
  - Meals & Clothing
  - Support Groups
  - Substance Abuse Intervention
  - Legal Assistance
  - Ramps

**Emergency Housing**

St. Joseph County Veterans Services  
269-467-5557

Supportive Service For Veterans & Families (SSVF)  
Community Action Agency  
Veteran Housing Advocate  
800-750-9300

Keystone Place  
269-467-7078

Homeless Veteran Crisis Line  
1-877-424-3838

**Burial Services**

Advanced Burial Planning  
*Veterans eligible for burial services can fax or mail their DD2145.*  
[www.cem.va.gov](http://www.cem.va.gov)

St. Joseph County Veterans Services  
269-467-5557

Fort Custer National Cemetery  
269-731-4164

**Education and Training**

Michigan Veterans Affairs Agency  
800.MICHVET  
[MichiganVeterans.com](http://MichiganVeterans.com)

Department of Veteran Affairs  
Education  
888-442-4551

Michigan Works! Southwest  
Employment  
269-273- 2717  
[www.MiWorksSW.org](http://www.MiWorksSW.org)

MI Veterans Employment Services  
[www.mitalent.org/veteran](http://www.mitalent.org/veteran)

**Healthcare**

Covered Bridge Healthcare  
269-467-3228

CHAMPVA  
(VA Civilian Health & Medical Program)  
800- 733-8387

Battle Creek VA  
269-966-5600 ext 33887

National Veterans Administration  
877-222-8387

**Mental Health**

Battle Creek VA  
269-966-5600 ext 33681

877- WAR- VETS  
(877-927-8387)

Online Mental Health Screening Tool:  
[screening.mentalhealthscreening.org/MVAA](http://screening.mentalhealthscreening.org/MVAA)

Veterans Access, VA Choice Program  
866-606-8198

Comfort Dog Ministry  
St. Peter's Lutheran Church  
269-718-2467  
*Free for events or individuals*

Emotional Support Dog  
SJC Veterans Services  
269-467-5512

**Life Insurance**

Veteran Group Life Insurance  
[Benefits.VA.GOV/Insurance/VGLI](http://Benefits.VA.GOV/Insurance/VGLI)

National Veterans Administration  
800-669-8477

**Compensation & Pension**

St. Joseph County Veterans Services  
269-467-5557

**Substance Abuse**

Covered Bridge Healthcare & Pharmacy  
269-467-3228

**Crisis Line**

Veterans Crisis Line  
800-273-8255

**Utilities/Rent Assistance**

Supportive Services for Veteran Families  
269-441-1398

Michigan Bikers Helping Veterans  
[www.supportmiveterans.org/veteran-request-form.html](http://www.supportmiveterans.org/veteran-request-form.html)

Visit [sjchumanservices.com](http://sjchumanservices.com) for complete & updated Resource Guide.

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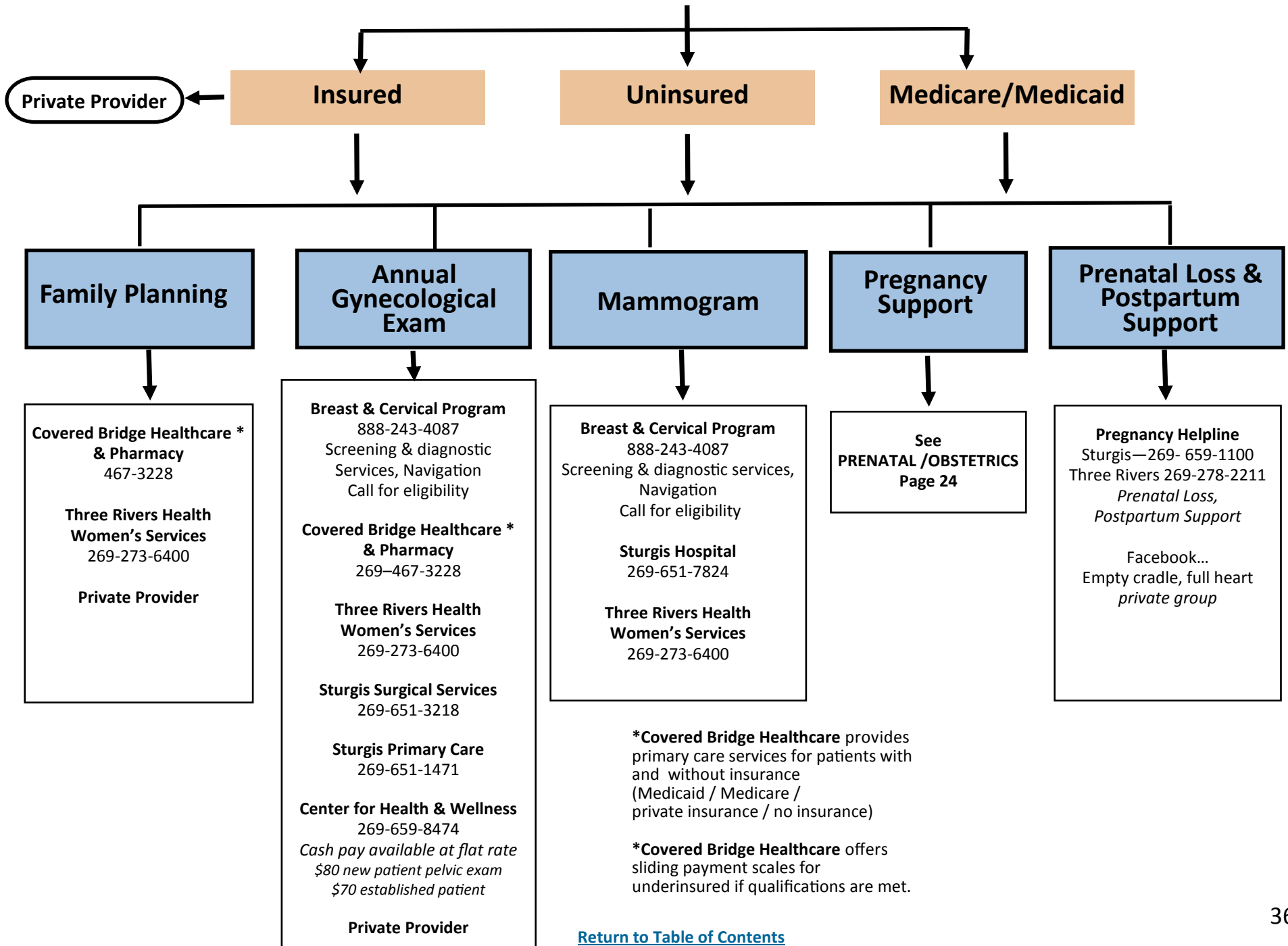
# VOLUNTEERISM

*There are many opportunities throughout our county to volunteer and help others....*

|  |   |
|--|---|
| <b>Department of Health &amp; Human Services</b><br><i>Drivers</i><br>269-467-1223         | <b>Red Cross</b><br>269-353-6180  |
| <b>Big Brothers/Big Sisters</b><br>888-898-3001  | <b>MSU Extension</b><br><b>4-H Project Leaders &amp; Ag-citing Presenters</b><br>269-467-5511 |
| <b>SJC Child Abuse / Neglect Council</b><br><i>parenting class instructors</i><br>467-5666 | <b>Literacy Council</b><br><i>tutors wanted– will train</i><br>269-816-2057                   |
| <b>Foster Parents</b><br>269-467-1200  | <b>Three Rivers Area Mentoring</b><br>278-8726  |
| <b>Domestic and Sexual Abuse Services</b><br>269-273-6154                                  | <b>United Way Volunteer Specialist</b><br>269-467-9099  |
| <b>KeyStone Place, Inc.</b><br>269-467-7078  | <b>Victims Services</b><br>269-467-9045   |
| <b>Girl Scouts</b><br>800-497-2688   | <b>Project Connect</b><br>269-625-1820  |
| <b>Boy Scouts</b><br>734-971-7100  | <b>Great Start Readiness Program</b><br><i>Substitute Teachers</i><br>269-467-5312            |
| <b>St. Joseph County Commission on Aging</b><br>800-641-9899                               | <b>Community Action</b><br><i>Foster Grandparent Program</i><br>269-965-7768                  |
| <b>Habitat For Humanity</b><br>269-467-4663  | <b>Stone Cottage Free Store</b><br><i>Shop helpers</i><br>269-244-4599                        |
| <b>Heartland Hospice</b><br>269-324-5705   |   |

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# WOMEN'S HEALTH



\*Covered Bridge Healthcare provides primary care services for patients with and without insurance (Medicaid / Medicare / private insurance / no insurance)

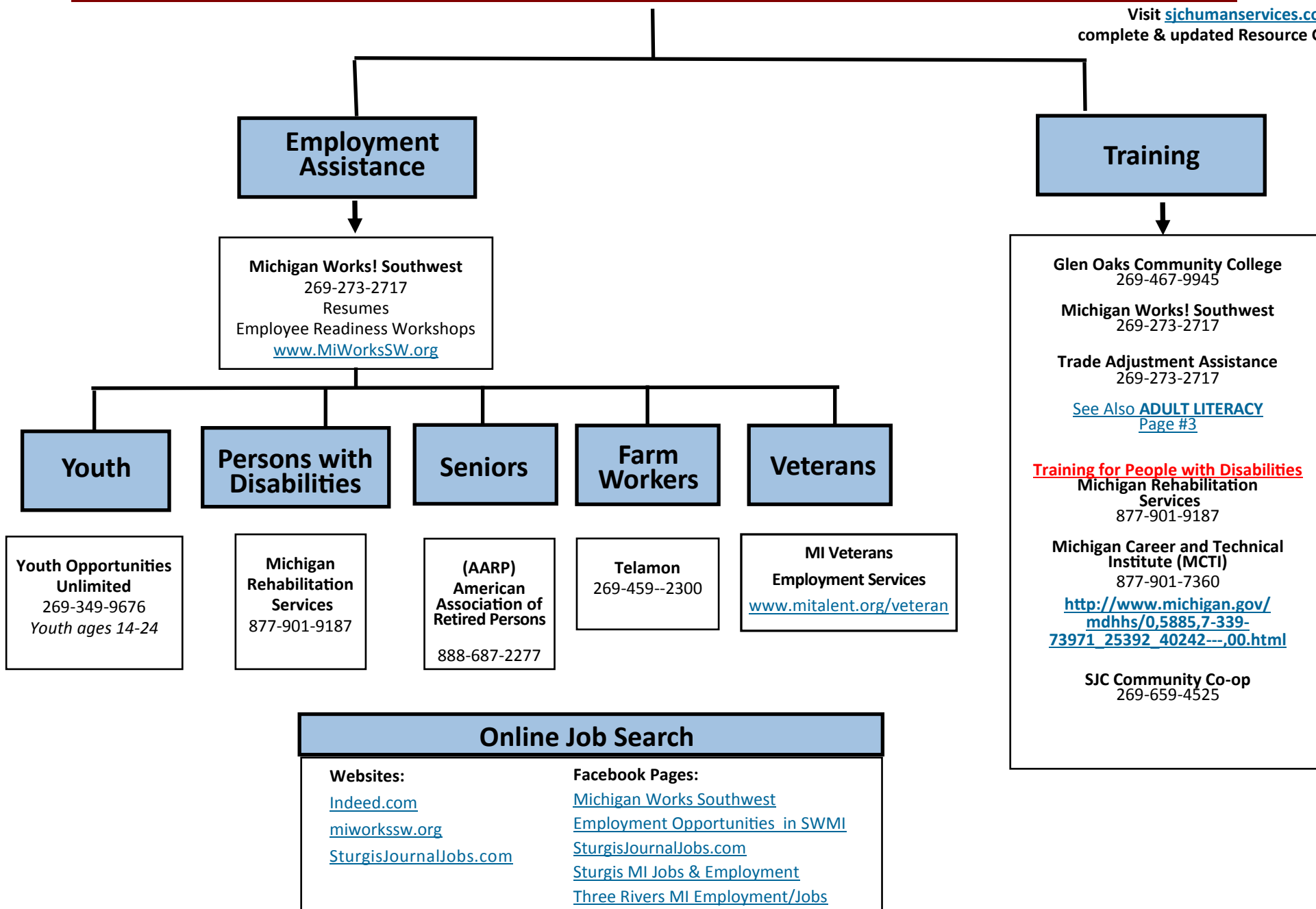
\*Covered Bridge Healthcare offers sliding payment scales for underinsured if qualifications are met.

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# Workforce Development (*Employment & Training*)

Visit [sjchumanservices.com](http://sjchumanservices.com) for complete & updated Resource Guide.



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# Youth Services

## School / Education (Local School Districts)

**Burr Oak Community Schools**  
 Elementary and Jr/Sr High  
 269-489-2213  
 P.O. Box 337  
 326 East Eagle Street  
 Burr Oak MI 49030  
<http://burroakcs.org/>

**Centreville Public Schools**  
**Elementary**  
 269-467-5200  
**Jr/Sr High**  
 269-467-5210  
**Covered Bridge**  
 269-467-5223  
 190 Hogan St.  
 Centreville, MI 49032  
<http://cpschools.org/>

**Colon Community Schools**  
**Elementary**  
 269-432-2121  
**Jr/Sr High**  
 269-432-3231  
**Leonidas**  
 269-496-7385  
 190 Dallas St.  
 Colon, MI 49040  
<https://colonschools.org/>

**Constantine Public Schools**  
**Eastside Elementary**  
 269-435-8960  
**Riverside Elementary**  
 269-435-8900  
**Middle School**  
 269-435-8940  
**High School**  
 269-435-8920  
**Tech High School**  
 269-435-9030

**Mendon Community Schools**  
**Elementary**  
 269-496-2175  
**Middle/High**  
 269-496-8491  
 148 Kirby Rd.  
 Mendon, MI 49092  
<https://mendonschools.org/>

**Nottawa Community School**  
 269-467-7153  
 26438 M-86  
 Sturgis, MI 49091  
<https://nottawaschool.org/>

**Lake Area Christian School**  
 269-651-5135

**Sturgis Christian School**  
 269-651-1724

**Trinity Lutheran School**  
 269-651-4245

**Sturgis Public Schools**  
**Congress Elementary**  
 269-659-1565  
**Jerolene School**  
 269-659-1537  
**Wall School**  
 269-659-1570  
**Wenzel School**  
 269-659-1575  
**Eastwood School**  
 269-659-1560  
**Middle School**  
 269-659-1550  
**High School**  
 269-659-1515  
**Central Commons**  
 269-659-1500  
 107 W West St  
 Sturgis, MI 49091  
<http://www.sturgisps.org/>

**Three Rivers Community Schools**  
**Andrews Elementary**  
 269-279-1140  
**Barrows Adult and Early Ed.**  
 269-279-9581  
**Hoppin Elementary**  
 269-279-1142  
**Norton Elementary**  
 269-244-1144  
**Three Rivers Immaculate Conception School**  
 269-273-2805

**Park Elementary**  
 269-279-1143  
**Middle School**  
 269-279-1130  
**High School**  
 269-279-1120  
 851 Sixth Ave.  
 Three Rivers, MI 49093  
<https://trschools.org/>

**Success Virtual Learning Center**  
 269-244-4656

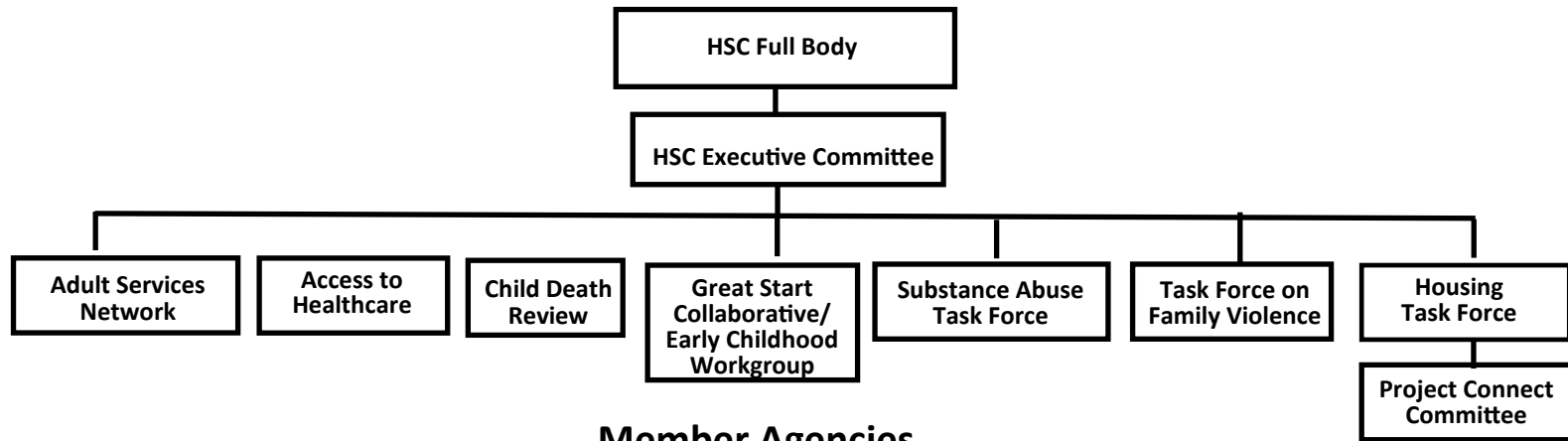
**White Pigeon Community Schools**  
**Central Elementary**  
 269-483-7107  
**Jr/Sr High School**  
 269-483-7679  
 410 E Prairie Ave.  
 White Pigeon, MI 49099  
<http://wpcschools.org/>

**Higher Education**  
**Glen Oaks Community College**  
 269-467-9945  
<https://www.glenoaks.edu/>

**SJC Early Middle College**  
 269-294-4234  
<https://www.glenoaks.edu/>

**Trine University – Centreville Education Center**  
 260-665-4684  
<https://www.trine.edu/adult-studies>  
 See  
[Workforce Development pg #37](#)  
 &  
[Opportunities for Youth page #28](#)

# St. Joseph County Human Services Commission



## Member Agencies

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>◆ <a href="#">Aetna Better Health of Michigan</a></li> <li>◆ <a href="#">BHSJ Community Health Agency</a></li> <li>◆ Citizen Representative</li> <li>◆ <a href="#">Commission on Aging</a></li> <li>◆ <a href="#">Covered Bridge Healthcare</a></li> <li>◆ <a href="#">Community Mental Health &amp; Substance Abuse Services</a></li> <li>◆ <a href="#">Department of Health &amp; Human Services</a></li> <li>◆ <a href="#">Domestic and Sexual Abuse Services (DASAS)</a></li> <li>◆ <a href="#">Glen Oaks Community College</a></li> <li>◆</li> </ul> | <ul style="list-style-type: none"> <li>◆ Keystone Place</li> <li>◆ <a href="#">Michigan Works! Southwest /Upjohn Institute</a></li> <li>◆ <a href="#">Saint Joseph County Commission</a></li> <li>◆ <a href="#">Saint Joseph County Family Court: Juvenile Division/Probate Court</a></li> <li>◆ <a href="#">St. Joseph County Intermediate School District (ISD)</a></li> <li>◆ <a href="#">Saint Joseph County Superintendents Association</a></li> <li>◆ <a href="#">Saint Joseph County Transit Authority</a></li> <li>◆ <a href="#">Three Rivers Health</a></li> </ul> |
|--|---|

## Task Forces

- ◆ Access to Healthcare - Chair: Jessica Singer, Community Mental Health & Substance Abuse Services
- ◆ Housing Taskforce - Chair: Jan Reed, DHHS
- ◆ Early Childhood Workgroup /Great Start Collaborative - Chair: Stephanie Giolitto, Great Start Collaborative
- ◆ Substance Abuse Taskforce - Co-Chair: Mikayla Finnerman, CMH; Co-Chair: Mark Olsen, CMH
- ◆ Infant/Child Death Review- Chair: Holly Cerny, White Pigeon Public School
- ◆ Adult Services Network - Co-Chair: Nikki Notestine, COA; Co Chair: Danielle Newhouse, Area Agency on Aging
- ◆ Taskforce on Family Violence Taskforce - Chair: Deborah Hackworth, Domestic and Sexual Abuse Services
- ◆ Project Connect Planning Committee - Chair: Laura Brott, SJC Human Services Commission

*The St. Joseph County Human Services Commission encourages you to get involved in task forces by volunteering.*



## Community Human Services Calendar– [sjhumanservices.com](http://sjhumanservices.com)



**Live January 9, 2019!**

**Sjhumanservices.com features a community human services calendar.** We believe promoting these events directly contributes to the well being of our community by getting you and your and your family engaged in healthy activities, connected to resources, and interacting with others in the community.

When you visit the website you will find a searchable calendar of local events available to you. Events can be searched for by both category and town. Many events are free to attend. Some will have participation costs.

**The Community Human Services Calendar can be accessed through**

- [www.sjhumanservices.com](http://www.sjhumanservices.com) (the home page of the St. Joseph County Human Services Commission website )
- [www.sjhumanservices.com/calendar](http://www.sjhumanservices.com/calendar)

To suggest an event to post, contact the St. Joseph County Human Services Commission at [stjosephcountyhsc@gmail.com](mailto:stjosephcountyhsc@gmail.com)

At [www.sjchumanservices.com](http://www.sjchumanservices.com) you can

## Easily Access.....

- **Human Services Calendar**  
(Emphasizes supportive events and activities taking place in St. Joseph County, MI. Searchable by date, category, town, etc)
- **Community Help Card**  
(lists the main "go-to" phone numbers for help )
- **Resource Guide**  
(Detailed lists, by topic, of human services & providing agencies )



## ADD TO THE HOME SCREEN OF YOUR PHONE OR TABLET

1. Navigate to [www.sjchumanservices.com](http://www.sjchumanservices.com)

2. **ON IPHONE/IPAD:** Tap the  button at the bottom of the web browser  
**ON ANDROID:** Tap the three vertical dots in top right hand corner

3. Find the "Add to Home Screen" option. Name your link if you wish, ie HSC Resources or Human Services, etc.

4. Select "ADD." The icon for the Human Services website and calendar shortcut is now on your device's home screen.

